



# HIGH MACH

Serving the World's Premier Flight Simulation Test Center



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Veterans Day is Thursday and veterans from across AEDC took time to gather in front of the A&E Building. In November 1919, President Woodrow Wilson proclaimed Nov. 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..." To all our veterans, both pictured and not, we salute you and gratefully thank you for your service to our country. (Photo by Rick Goodfriend)

## Bronze bust honoring Lance Cpl. Gregory A. Posey to be dedicated Nov. 20 in Winchester

By Shawn Jacobs  
Aerospace Testing Alliance

U.S. Marine Corps Lance Cpl. Gregory A. Posey gave his last measure of devotion to his country on a battlefield in Afghanistan.

Now, AEDC and ATA employees are showing their devotion to Lance Corporal Posey by unveiling a bronze bust in his honor at 2 p.m., Nov. 20 on the public square in Winchester. If it rains, the dedication will be held at Franklin County High School.

The unveiling is a project of Operation Never Forget (ONF), a national project of the Congressional District Programs, a 501c3 non-profit organization of Falls Church, Va. Virtually all of the funds for the bust were donated by AEDC and ATA employees and organizations, including a matching contribution by ATA, according to Dave Uselton, the southeast regional director and charter advisory board member for ONF, and manager of ATA material control.

"Operation Never Forget doesn't have a pot of money, so we developed in my district a plan that would allow us to meet with the community leaders and shakers and plant a seed with them," Uselton said. "Our vision is to help communities all over the country to take the lead in memorializing their heroes in such a way that they will never be forgotten."

"It really is the beginning of the healing process, not just for the families of our fallen heroes, but for the community as a whole. Communities are family, so this is just our way of bringing them together so that they help each other as families do."

Lance Corporal Posey was the son of Steve and Delma Posey. Steve is a supervisor in AEDC's Precision Measurement Equipment Laboratory.

"People from the AEDC community came to me and insisted that we do something because they felt the loss too," Uselton said. "At first, I called [ATA General Manager] Dr. Elrod and talked to him and he said, 'Whatever you do, I'll support it,' and we went from there. ATA made a sizeable donation; they matched what we collected."

"On behalf of the ATA work force, it

was an honor to be able to support Greg's family through this memorial," ATA General Manager Dr. David Elrod said in an earlier interview. "The statement made by the men and women of AEDC in raising funds for this cause and by ATA in matching those funds with our corporate donation is a clear testament to the respect and appreciation with which we hold Lance Corporal Posey and all who serve. May we never forget what they have done for us and for our nation."

"We didn't initially talk to the Air Force about this because Steve [Posey] works for ATA and he's retired Navy ... but the Air Force got word of this ... and [various Air Force organizations and individuals] wanted to help," Uselton said. "The effort became a family act of love."

Uselton said ONF actually exceeded their goal due to the generosity of the AEDC community, and the additional funds will go toward erecting another bust in Tennessee.

"Here at AEDC, it's always been apparent to me that this is a family atmosphere, which is why I have stayed here for almost 30 years," Uselton said. "You don't find this everywhere, and I am very fortunate to be a part of such a family."

Uselton also expressed his appreciation to Franklin County, the mayor's office, the Chamber of Commerce and other leaders who have come together to support the event.

Employees and internal organizations such as the Air Force Sergeant's Association, Air Engineering Metal Trades Council (AEMTC) and Top III all joined ATA and contributed to this project.

Lance Corporal Posey's bust makes the 10th bust in Tennessee that Uselton has facilitated and is currently working on presentations for other southern states.

There have been two other fallen heroes with AEDC ties who have been honored with an ONF bronze bust.

The first was U.S. Marine Corps Pfc. Nathan Clemons, whose father David Clemons is an ATA employee working in the Engine Test Facility.

Private Clemons' memorial will also be permanently located on the Franklin County Courthouse grounds.

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## Annual Arnold Community Council banquet is Nov. 16, tickets available

The Arnold Community Council (ACC) will host its annual banquet Nov. 16 at Cravens Hall on the campus of the University of the South.

The guest speaker is Tim Gard, a Navy veteran who served tours in San Francisco and aboard the U.S. aircraft carrier *Midway* in Japan. He will speak about "Developing a Comic Vision." Gard says he "values the sacrifices, contributions and pressures endured by people who want to make the world a better place for us all, one laugh at a time."

During the last decade, Gard has delivered his entertaining, informative presentations nationally and internationally, speaking to government groups, professional associations, and corporations. His techniques have been

used by publishers, television and radio talk shows around the world.

The reception begins at 5 p.m. and the dinner will follow at 6 p.m.

Table sponsorships and individual seats are available for purchase.

Gold sponsorships are \$650 and include 10 seats at a reserved table, 10 one-year memberships to the ACC and recognition in the program; silver sponsorships are \$325 and include five seats at a reserved table and five one-year memberships to the ACC and recognition in the program; and individual seats are \$75 and include one, one-year membership to the ACC.

For more information or to purchase a table or individual tickets contact the ACC at [2010banquet@arnoldcommunitycouncil.com](mailto:2010banquet@arnoldcommunitycouncil.com).

## AEDC Visitors Center will be closed during holiday season

By Patrick Ary  
Aerospace Testing Alliance

A change is coming to the AEDC's Visitors Center's hours this holiday season, but according to data gathered over the last couple of years, it is a change most people probably will never notice.

Starting this Thanksgiving, the Visitors Center at the main gate will close down completely during holidays designated by ATA.

The federal holidays ATA personnel work throughout the year are banked and taken in conjunction with the Thanksgiving, Christmas and New Year's holidays. During these ATA holiday periods, Department of Defense personnel sometimes work, but they often take leave, and there is very little activity on base.

The Visitors Center will close Nov. 25-26 for Thanksgiving. Out of the 10 days between Dec. 24 and Jan. 2, the only day the center will be open for business is Dec. 30.

Installation Security Section Supervisor Dan Hawkins said the decision comes after studying the amount of business that has been conducted at the center during those times over the last three or four years. He said the data show that on days the base is closed for

ATA business, there just aren't enough customers to warrant keeping it open.

"It seemed like a lot of money and a lot of effort going into very little support," Hawkins said.

On a typical day, the Visitors Center will serve between 100 and 200 personnel for ID cards, base entry or both. But on a holiday, Hawkins said typically two or fewer people would stop by to do business. It just isn't cost-effective to man the facility for one percent of the normal business, Hawkins said.

Although a small crew of DoD and ATA people may still work on these ATA holidays, Hawkins said it's rare that anyone needs assistance during this time frame. He said personnel who are working and have an emergency need for a common access card can contact the Operations Center.

In addition to making more fiscal sense, it also gives more employees the chance to spend time with their families during the holidays.

"It's a positive quality of life change for our folks as well, because most of the rest of the base is off and the workload isn't there to warrant keeping the VC open," Hawkins said.

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## HIGH MACH

**Arnold Engineering Development Center**  
An Air Force Materiel Command Test Center

**Col. Michael Panarisi**  
Commander

**Jason Auston**  
Acting Director, Public Affairs



**Dr. David Elrod**  
General Manager, Aerospace Testing Alliance

**High Mach Staff:**  
Kathy Gattis, ATA Public Affairs Manager & Executive Editor  
Patrick Ary, Editor  
Information International Associates, Inc., Production

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**The center's vision:** AEDC as the test center of choice, the workplace of choice for our people and a model of environmental excellence.



### Vision

"ATA will be a trusted partner in delivering best value warfighter support and assert stewardship to AEDC"

### Core Values

- Be accountable for our own actions
- Ensure the safety of individuals and equipment
- Demonstrate the highest integrity and ethical standards
- Communicate clearly and openly
- Deliver professional and technical excellence
- Nurture, enable and treat people fairly
- Align with customer goals and objectives
- Use disciplined and innovative processes
- Continually improve in all that we do



### Core Values

- Integrity first
- Service before self
- Excellence in all we do

# Veterans Day has solemn meaning for AEDC

By Col. Michael Panarisi  
AEDC Commander



Panarisi

In just a few days, we will join together as a nation, and celebrate the holiday specifically crafted to honor those who have made the freedoms and benefits of this country possible.

On Nov. 11, we will celebrate Veterans Day.

Like so many federal holidays, the history and establishment of this special day is not well known, but the significance of the day cannot be overstated. Veterans Day has its roots in the ending of World War I and the signing of the Treaty of Versailles.

President Wilson declared Nov. 11, 1919 as "Armistice Day," commemorating the day with the intent "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

Unfortunately, the "War to end all wars" was followed by numerous other conflicts, and shortly following the Korean war, Congress amended the original law to re-name the day "Veterans Day."

This day has a special and solemn meaning for AEDC.

Not only does our work directly impact the warfighters of today, we are honored to work and live alongside a fantastic population of veterans on the base and in our community.

We see them every day, and this is THEIR day.

For those who volunteered and participated in our recent Veterans Day picnic, you know just how special these people are.

They made the sacrifices on our behalf, and our event was just one small

installment on the huge debt of gratitude we owe this amazing group. We're also going to participate in another event hosted at the Franklin County High School, now known as "Let Freedom Ring." On Sunday, Veterans and those currently serving will gather to recognize and honor all that serve, or have served this great nation.

I couldn't be prouder of AEDC's support and role in these events, and I can't thank all of you enough for your continued participation.

Our Arnold Community Council, so generous in their support of our mission, makes a special point to enable our Veterans Day picnic. We are indeed fortunate to have the support of their organization, as well as the support of our local Chambers of Commerce and other civil organizations.

A few weeks ago I attended a Tullahoma High School Football game, dedicated to our Veterans.

It was a touching moment when the host asked all the veterans in the crowd to come down to the field and "be recognized." Some came with canes,

others with wheelchairs. Many were missing limbs, or wore eye patches.

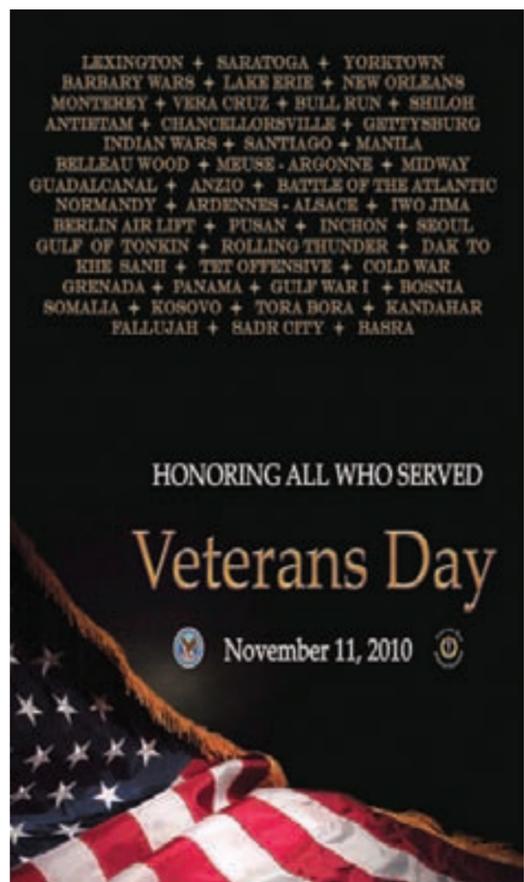
These are the heroes we honor on Nov. 11.

So on this day, their day, I ask only one thing. Find a Veteran, and thank them. That simple act will make a huge impact

on their lives. And before you get done shaking their hand, you'll feel that same impact on yours.

Our Veterans were there for us.

It's our turn to show them we will never forget what they have done for us.



## Shape your life with values, use them to make daily decisions

By Capt. Matthew Foisy  
628th Security Forces Squadron Commander

**Joint Base Charleston, S.C. (AFNS)** – Take a minute and reminisce back to the day when you first put on your military uniform. For many, it was probably basic training, Reserve Officer Training Corps or the Air Force Academy.

Can you recall the sense of pride you felt at the time?

As I often recall, it was a feeling of pride, honor, commitment and an overwhelming sense of patriotism.

It was being part of something bigger, not just another organization. Soon, the indoctrination began. For weeks, we drilled and trained in the customs and courtesies, history and teachings of our respective services. We were "blued" and ready to go out and make a difference serving our great nation.

One of the best aspects of my job is seeing the face of a new "one-striper" or "butter bar" fresh out of school and having the opportunity to sit down with them and provide expectations, direction and encouragement.

We all typically hit the ground running with a strong desire to succeed and make a difference.

Over time, we all learn the lessons of life, the job, and often times, we are quickly faced with challenges and adversity. These are defining moments in our career which

everyone will learn to deal with differently.

I entered the service at a time when our nation was at war, a time that is arguably the most challenging our military has faced since Vietnam.

The strain which deployments, high-operations tempos and numerous competing demands place on our Airmen, Sailors, Soldiers, Marines and families are immeasurable.

It is something only understood by those of us who have experienced it, and it is in this environment we are most tested and tried.

For most, it will be these times that help us grow into better leaders and make us stronger.

Our respective services provide us with sets of core values developed to guide us in our every action. The importance of Integrity First, Service Before Self and Excellence In All We Do defines the Air Force, and I make it a point to consider these values in every decision I make. They help guide me through the tough decisions.

The Security Forces Apprentice Course at Lackland AFB took the Air Force core values a step further.

The acronym by which we remember our security forces core values is SHIELD.

Designed after the device we proudly wear on our left front pocket, which distinguishes us as law enforcement officials, the acronym also defines the values I expect every

one of our defenders to uphold.

**Service:** Service before self reminds us of our commitment to the Air Force, always putting the mission first, and of the sacrifice we and our families must make to continue keeping our Air Force safe and secure.

**Honor:** To remind us what an honor it is to be able to serve our great nation, to have the distinction of being a law enforcement official, to wear the badge and beret and to serve the base populous in this capacity; but most importantly to honor all the core values.

**Integrity:** As a law enforcement official, integrity is paramount. People look to us to be the example and do what is right all the time. Without integrity, our word means nothing.

**Excellence:** We strive for excellence at all times and to be the example. We are the first and the last Airmen any patron transiting our installation will see. We must leave them with an impression of excellence.

**Leadership:** Every defender must be a leader. Whether they are controlling entry to the base or leading a convoy, they are expected to make decisions which impact the lives of others.

**Discipline:** We strive for discipline in everything we do. Not only must we meet the standards, but we also enforce them.

I make it a point to catch every member entering the 628th Security Forces Squadron prior to

putting them to work to reinforce these values. Core values must be the bedrock which defines our character. Without family, personal, or service oriented values we would be undisciplined.

You need not look far within your organizations to see those who embrace the values to their fullest. I am reminded daily of their impact as I come through the base gates and am greeted by a professional like Tech. Sgt. Brian Saylor, who I receive daily compliments on for his professionalism, or when I read about Senior Airman Samuel Siewert from the 628th Civil Engineer Squadron being recognized as one of the Air Force 12 Outstanding Airmen of the Year.

On the contrary, there are a few amongst our ranks who have lost focus on our core values. Just last year, Charleston AFB issued 61 Articles 15, and we have already exceeded that number this year with three calendar months left.

We are also challenged with an unacceptable rate of physical-fitness failures to a standard which is not overly challenging.

Lastly, although they make up a small minority, we have a population that has lost focus on basic customs and courtesies expected of us within the profession of arms. This is unacceptable and I am sure if you fall into one of these categories, it is the last place you thought you would be when you entered the service. Many of my defenders have heard me say time after time, "Discipline yourself so that others won't have to." The worst part of any commander's day is having to discipline a member of their unit because they failed to embrace or follow the core values.

I challenge all of you who have taken the time to read this article to reaffirm what your respective core values mean to you. Challenge yourself to consider them in your every day decision making process.

## Action Line

### Team AEDC

I believe in free and open communications with our Team AEDC employees, and that's why we have the Action Line available. People can use the Action Line to clear up rumors, ask questions, suggest ideas on improvements, enter complaints or get other issues off their chests. They can access the Action Line in one of three ways: via the AEDC intranet home page, Action Line boxes at the base cafeterias and by calling 454-6000.

Although the Action Line is always available, the best and fastest way to get things resolved is by using your chain of command or by contacting the organization directly involved. I encourage everyone to go that route first, then if the situation isn't made right, give us a chance.

Col. Michael Panarisi  
AEDC Commander

## Smoking Policy

1. The following revised AEDC smoking policy is effective immediately. Smoking is permitted solely in designated areas identified by a plastic "smoke genie." This receptacle is for the sole purpose of cigarette butt disposal. If there is no receptacle, you cannot smoke in that area. It is the responsibility of all smokers to clean up the area surrounding the receptacles for any cigarette butts on the ground. Smoking in government-owned vehicles is strictly prohibited. Personnel are allowed to smoke in their personal vehicles at any time. In case of inclement or cold weather, employees are encouraged to use their personal vehicles if a sheltered designated smoking area is not available nearby. Smoking areas will be held to the absolute minimum and will be located in low traffic, low visibility areas away from points of building ingress/egress and air intakes. A map of all authorized smoking areas is available on the AEDC web portal at [https://lpapro.arnold.af.mil/PORTALimages/Smoking area map.pdf](https://lpapro.arnold.af.mil/PORTALimages/Smoking%20area%20map.pdf). Smoking near a facility in an area not designated on the map is prohibited and any smoking receptacles located in areas not shown on the map will be removed. All "smoking permitted" and "no smoking" signs will be removed unless specifically required by OSHA.

The fact a person smokes has no bearing on the number of breaks they may take. Breaks should be taken in accordance with the company/agency personnel policies that apply to all employees.

Regarding use of smokeless tobacco, containers of tobacco waste product, including sealed containers, must not be left unattended or disposed of in trash receptacles. Users of smokeless tobacco must flush tobacco waste down the toilet. Smokeless is strictly prohibited in conference room meetings and other areas, e.g. PMEL, where Air Force regulations specifically prohibit.

- Supervisors at every level will ensure this policy is followed. Disciplinary action is appropriate for repeated violations.
- Updates to this policy will be made in the future to further align with Air Force guidelines.
- This letter supersedes previous letter dated 28 October 2006, subject as above.

## Doctor offers tips to keep flu and colds at bay this season

By Shawn Jacobs  
ATA Public Affairs

This time of year is commonly called "cold and flu season."

Dr. Rob Tessier, medical director of the ATA/CORE Dispensary, says that is an accurate description, but steps can be taken to lessen one's chances of getting sick this fall and winter.

"During November through February, we see a dramatic increase in the number of patients who present cold and flu-like symptoms," he said. "The symptoms are most commonly due to the common cold, but we also see more cases of the flu, bronchitis and pneumonia as well throughout the winter months."

The number of ATA employees being diagnosed with influenza has been relatively low the last couple of years, a fact Dr. Tessier attributed to a large number of workers getting flu shots. He recommends that all AEDC employees get a flu shot.

"The guidelines this year recommend that everyone over six months old receive a flu shot, so it would apply to everyone within the workforce here."

Of particular note, this year's shot also includes the H1N1 flu virus, which was of great concern last year.

"It includes three different strains and one of those is the H1N1, and there is no anticipated shortage this year as there was last year," Dr. Tessier said. "It's looking better, so it should be a little smoother than it was last year."

Dr. Tessier said it is good to



Above, Dr. Rob Tessier examines ATA electrician John Gilmer at the ATA/CORE dispensary. Right, Leslie Myers, RN, prepares to administer a shot to Dr. Tessier at the ATA/Core Dispensary. (Photos by Rick Goodfriend)



see that many people on base are following the recommendations and getting the flu shot. One of the obstacles medical professionals must overcome, however, is the idea that one can actually catch the flu by getting a flu shot.

"The influenza viruses in a flu shot are inactivated (killed), so they cannot cause flu illness," he said. "People may be exposed to one of the influenza viruses in the vaccine shortly before getting vaccinated or during the two-week period that it takes the body to gain protection after getting vaccinated."

"From what I've heard it seems as though more people are getting the flu shot this time

around because of the H1N1 scare. I think it has prompted people to get the flu shot who would have not normally had it previously."

In addition to getting a flu shot, other measures can help people stay healthy through the fall and winter seasons. Good hygiene techniques, including frequent hand washing, are of utmost importance, according to Dr. Tessier.

"If you're around anyone who has the sniffles, a cough or congestion, it's always just a good idea just to go to the sink and wash your hands," he said. "I recommend for folks to keep a bottle of hand sanitizer gel handy to use when soap and water are not available. If you have cold-type symptoms, it's a good idea to cover your mouth and nose when you sneeze or cough. Colds and the flu are very contagious, and that's why it spreads so fast."

There are ways of treating the flu.

"You can speed up the recovery," Dr. Tessier said. "The most common medicine is called Tamiflu, and it's most effective if started within 48 hours of the symptoms. Specific treatment of the flu isn't necessary, but it does shorten the duration."

Dr. Tessier recommends employees stay home when they're sick, especially if they think they are contagious.

"When someone has a fever they're contagious. Our recommendation is to stay home from work and try to limit contact with others as best you can until 24 hours after the fever has subsided. Once it's gone for that period of time, it's much less contagious."

In addition, ATA policy requires employees who have been out sick for more than three days to process in through the dispensary when returning to work.

## Free flu shots available at the Medical Aid Station, Veteran's Clinic



Eugene R. London Sr., an Army veteran and a retired AEDC firefighter, receives his flu shot from Staff Sgt. Jennifer Stokes, independent duty medical technician, NCOIC Medical Aid Station. Active-duty, dependants, retirees and DoD civilian employees can get their flu shot at no cost at the Medical Aid Station. Shots will be administered Monday-Friday from 8-11 a.m. and from 1-3 p.m. On Wednesdays, shots are given from 8-11 a.m. and 1-2 p.m. No appointment is necessary. For more information, please call 454-5351. Veterans can receive their shots at the VA Clinic. Flu shots are given at no cost and by appointment only from 7 a.m.-3 p.m. For more information or to make an appointment, please call 454-6134. (Photo by Shawn Jacobs)

## AFMETCAL Certification



From right, Chief Master Sgt. Matt Brown, chief of Air Force Metrology Calibration (AFMETCAL) Laboratory Certification Branch, presents Col. Eugene Mittuch, AEDC vice commander, with a certificate signifying the center's Precision Measurement Equipment Lab has passed the biennial AFMETCAL audit. The audit, conducted Oct. 14-25, concluded that PMEL passed all six critical areas of evaluation. In addition, some practices and procedures were highlighted as "noteworthy." (Photo by Philip Lorenz III)

## Tylenol recalls 'smelly' caplets

McNeil Consumer Healthcare is recalling Tylenol 8-hour caplets, 50-count bottles (Lot Number BCM155 with a UPC Code 3 0045-0297-51 8). McNeil is taking this action following a small number of complaints of a musty or moldy odor.

This action is being taken as a precaution.

Patients who purchased this product from the lot included in this recall should stop using the product and contact McNeil Consumer Healthcare, either at [www.tylenol.com](http://www.tylenol.com) or by calling 1-888-222-6036 (Monday-Friday 8 a.m.-8 p.m. and Saturday-Sunday 9 a.m.-5 p.m. Eastern Time).

If you have medical concerns, contact your healthcare provider.

"The Super Bowl of a policeman's career"

## AEDC OSI agent first to attend FBI National Academy

By Shawn Jacobs  
ATA Public Affairs

AEDC Office of Special Investigation's (OSI) special agent-in-charge has become the first Air Force OSI agent to attend the FBI National Academy.

Rob Redmon attended the prestigious school at Quantico, Va., from April through June. A three-year veteran of AEDC, Redmon's office is charged with investigating felony crimes against the Air Force, protective service operations, counterintelligence, research protection, fraud investigations, computer crimes and similar activities. He oversees a staff of three agents and an investigative assistant.

According to the academy's website, its mission is "to support, promote and enhance the personal and professional development of law enforcement leaders by preparing them for complex, dynamic and contemporary challenges through innovative techniques, facilitating excellence in education and research and forging partnerships throughout the world."

Participation is by invitation only through a nomination process. Attendees include leaders and managers of state and local police, sheriff's departments, military police organizations and federal law enforcement agencies.

Redmon was nominated for the academy by the FBI Special Agent-in-Charge of the Knoxville division Rick Lambert.

"At each base we get together with the local agencies, the federal, state and city agencies, and we establish a good working relationship with each other," Redmon said.

"Here, we just seem to have a really good working relationship with the FBI. We've worked numerous cases together since I've been here, and I've told some of the guys in the office this is the first assignment I've had where we have unescorted access to the FBI."

Each FBI field office gets a limited number of positions per year to send people to the academy, and each military service gets one position per year, according to Redmon.

"Now the Air Force positions are all given to Air Force security forces ... so OSI has never been a part of the selection process," Redmon said. "Rick Lambert gave me one of his positions

that he normally sends from civilian police agencies."

Redmon said he learned a great deal at the academy, much of it focusing on liaisons and building relationships with other agencies.

"When you go there, everyone's titles are stripped; you are all there as a law enforcement officer representing your agency," he said. "You're not there as a chief of police or special agent-in-charge or anything. We stayed in a dormitory; we had a roommate."

"We ate in a combined cafeteria, and we had courses throughout the day. We could pick from a schedule that would be graduate level courses, and the University of Virginia supports that and actually gives the credit for it."

Redmon said the Arnold OSI already prides itself in its relationships with other law enforcement agencies, but other courses provided him with lots of infor-

See FBI, page 5

## Painting to affect Hap Arnold traffic

Contractors painting the ETF Air Supply Duct on North Hap Arnold Drive will have the section of road between Third and Fourth streets closed intermittently from tomorrow through Nov. 30.

All workers are asked to be

aware of detour signs posted and take extra caution in the area during this time frame.

The SL parking lot will remain open, but drivers are asked not to park in the north end of the lot closest to the duct when painting is in progress.

## Polly Crockett STEM winners



Pictured are some of the winners of the straw rocket contest set up by the Arnold Association of Professional Societies and seven University of Tennessee Space Institute students at a Science, Technology, Engineering and Mathematics (STEM) booth during Polly Crockett Days in Winchester. The awards ceremony was held at the Franklin County Chamber of Commerce. Front row: Xavier Brown (4th place) and Shawn Partin (2nd place). Second row: Jeffrey Shetters (8th place), Mackenzie Brown (6th place) and Meredith Foster (3rd place). Back row: Col Eugene Mittuch, AEDC vice commander; Judy Taylor, chamber executive director; Tom Best, AEDC technical director of plans and programs; Steve Pearson, deputy general manager, ATA; 1st place winner Haley Cardenal of Franklin County High School and Dr. Stan Powell of the American Institute of Aeronautics and Astronautics. Cardenal was presented \$150 on behalf of ATA. Winners not pictured include Blade Green (5th place), Autumn Franklin (7th place), Isabella Vaughn (9th place), Savannah Sanderson (10th place) and Zach Sheeley (11th place). (Photo by Jason Austin)

## AEDC, National Weather Service preparing for stormy weather

By Patrick Ary  
Aerospace Testing Alliance

Officials at AEDC use every tool available to keep base personnel safe, especially when the weather takes a turn for the worse.

One of those tools is the National Weather Service, a division of the National Atmospheric and Oceanic Administration that provides weather and climate forecasts.

Emergency Management Lead Daryl Justice says he and Emergency Management Coordinator Brad Walker can always get in touch with weather service officials when the weather gets bad, and they tend to talk quite a bit during this time of year.

Spring is the most dangerous time of year when it comes to severe weather, but November serves as a secondary season. This is also a La Nina year, which is a phenomenon caused by colder ocean temperatures in the Pacific near the equator.

“What that means to us is in the southeastern United States, the weather’s going to be a little warmer and a little wetter in winter,” Justice said. “And historically

during La Nina, they have the more powerful tornadoes occur.”

Tom Johnstone, the warning coordinating meteorologist with the National Weather Service office in Nashville, says looking back to 1950, he couldn’t find one strong La Nina event that did not have a significant tornado in Middle Tennessee.

“It’s limited data, but it’s certainly something that has my attention,” Johnstone said.

There were several weather watches and warnings across Middle Tennessee on Oct. 26. Luckily, Justice says damage in Coffee and Franklin counties was not serious.

“We dodged a bullet,” Justice said, but that’s one of several that the base has dodged in the last few years. Because of that, Justice says officials are always looking for the latest weather information as a preventive measure.

That’s where the weather service comes in.

As soon as the potential for any kind of bad weather arises, the weather service contacts several agencies to let them know the time for a conference call where

officials will brief them on weather conditions. Those briefings occur well in advance of storms arriving in the area, which Justice said is vital to base operations that include everything from testing to routine maintenance work.

“What the National Weather Service does for us is they give us a 12- to 24-hour window,” Justice said. “That gives us a precious bit of time if we have some kind of vital test going on.”

The briefings also give them information that isn’t necessarily given by television meteorologists, like details on potential for dangerous straight-line winds and flooding.

“Part of the idea is we get a lot deeper into the details of the forecast than they get on TV,” Johnstone said. “We really tailor those for emergency managers.”

Johnstone said communication between his office and emergency management agencies is crucial to the safety of everyone who could be impacted by severe weather. The weather service has a dedicated Internet chat room for instant updates with EMAs, and they’re always a phone call away in case of an emergency.

Now, emergency management officials at AEDC are trying to take preparedness a step further by working toward a National Weather Service StormReady recognition. StormReady is a recognition program for communities who have gone through several steps to be prepared for bad weather.

Justice says it would serve as proof that AEDC is as ready as can be.

“It’s more like a confirmation that we have all the people trained and in place, we’ve got equipment for response ... that we’ve done everything we can do to prepare to respond to natural disasters,” Justice said.

The StormReady recognition is given to communities based on three key components: preparedness, a way to communicate lifesaving warning information and a good working relationship with the weather service.

There are currently 14 StormReady communities in the Middle Tennessee area. Johnstone wants to see AEDC on the list sometime in 2011, a goal he thinks is entirely possible.

See WEATHER, page 5

## AEDC’s Charles Easley receives Hometown Hero Salute award

By Philip Lorenz III  
Aerospace Testing Alliance

In 2003, when Master Sgt. Charles Easley looked out the window of the C-131 as the pilot rapidly brought the plane down onto the runway of the darkened Baghdad International Airport, he felt excited at the prospect of entering a country the U.S. and allied forces had just invaded, landing while taking hostile fire.

“I wasn’t afraid, just pumped up at being in a war zone,” he recalled, adding that he was comforted by the fact that the plane was also carrying Army combat troops and their rudimentary supplies.

Easley, a fuels specialist at AEDC since July 2007, said his crew had to start from scratch and life was a bit primitive in Iraq until everything for the fueling operations at the airport for incoming troops was in place. He spent the

next several weeks living in a tent and ate his first Meals, Ready to Eat.

Having retired in October 2007 from a military career that spanned 30 years, Easley had served a combination of active duty with the Air Force and reserve duty with the Air National Guard. Having left the military as a master sergeant, he thought his military days were totally behind him.

“I had done my duty, enjoyed it and had no regrets to serve when and where called upon,” he said.

Then an unexpected call came in on his cell phone from Lt. Col. Ellen Bell, logistics officer and chief of supply for the 118<sup>th</sup> Air National Guard (ANG) unit out of Nashville. She was calling Easley to let the retired master sergeant know he was being recognized for his military service with a Hometown Hero Salute

award.

Colonel Bell said she enjoyed the awards presentation and the opportunity it represented.

“I was very proud to participate in the honor of our personnel who sacrificed part of their life for their country,” she said. “My father went to Vietnam three times when I was a child; he was not given this honor by his country.”

Another retired member of the 118th ANG who had deployed to Vietnam also attended the honor ceremony as an award recipient.

“Master Sgt. Bobby Halliburton told me he was excited that the military was finally being recognized for their sacrifice,” Colonel Bell said. “We were all pleasantly surprised; the ceremonies and items given to the members and family were very nice.”

Colonel Bell said Ea-



Charles Easley, who retired from the military after 30 years, recently was honored by the Air National Guard with a Hometown Hero Salute award. (Photo by Philip Lorenz III)

sley had proven to be a positive asset to the command from the beginning.

“Master Sgt. Easley came to us from the Air Force with many years of experience; therefore he was very valuable to us and exceptionally knowledgeable in the aircraft fuels career field. He was

an excellent mentor to the younger members serving as the supervisor of the fuels section several years before he retired. His willingness to deploy was an inspiration and example.”

In 2008, the Air National Guard (ANG) sanctioned the ANG

Hometown Heroes Salute recognition program. The purpose of this program is to celebrate and honor Airmen, families, communities and those special supporters who have significantly contributed to supporting their fellow Airmen and the ANG’s mission.

## Immersion Program gives hands-on experience



ATA Project Engineer Mark Smith (left) and 1st Lt. Alex Henning look over a schematic. They are standing in front of the arc heater H3. The model positioning system is in the background on the right side. In the foreground, a copper wedge used to mount material samples is on the table. This wedge is then attached to a “sting” or arm of the model positioning system. Lieutenant Henning is becoming more involved in hands-on engineering through the Immersion Program. (Photo by Rick Goodfriend)

By Shawn Jacobs  
Aerospace Testing Alliance

First Lt. Alex Henning should be getting some of the hands-on engineering experience he may have only dreamed of until now.

Lieutenant Henning, who has an aeronautical engineering degree from the Air Force Academy, is a project manager for the high-enthalpy arc-heater facilities at AEDC’s Space and Missiles Ground Test Complex. He has just joined AEDC’s Immersion Program, which allows young military officers and Department of Defense civilians to work alongside Aerospace Testing Alliance engineers, learning valuable engineering techniques that

will be useful to them later in their careers.

“I’ll be embedded with ATA, the test contractor, and be paired with one of their senior engineers to perform analysis operations, a crucial piece regarding operations at Arnold Air Force Base,” Lieutenant Henning said. “The goal [would be] to first enhance capabilities or testing knowledge at Arnold and provide some hands-on work done by military and contribute to our great mission.”

“From the ATA side, [they may be able] to get some help in an area that maybe they are short on manpower right now, or it may be a task that would’ve been delayed until later

in the fiscal year. From a personal standpoint, the goal is – since I’m paired with somebody who has a vast amount of job experience – to be able to pick their brain and learn from some of their experiences, challenges and successes they’ve had through the years.”

Tom Best, director of engineering and technical management, coordinates the program on the Air Force side, while Scott Bartlett is the lead for ATA.

Best said the Immersion Program came about as part of immediate past Commander Col. Arthur Huber’s Technical Excellence Initiative.

“He was thinking more along the lines of what it would do for our young officers, the lieutenants who are going into it now. They are getting real, hands-on experience. He believed

they would learn some things by being immersed with ATA that they wouldn’t have learned staying and doing just their government role and that they would be of great benefit later in their Air Force career.”

The program is just as beneficial for DoD civilians, according to Best. “Sometimes when we get somebody to work for the government they come here straight out of college; they’re immediately put into the project management role and they never get to do a lot of hands-on engineering.”

“That’s why we’re selecting some of our civilians to go work for ATA. It makes our civilians much smarter about what goes on out here.”

This fiscal year is the third year of the program.

See HANDS-ON, page 7

# Going “low-carb” not the answer for losing weight

By Col. Michael Panarisi  
AEDC Commander

Apparently last issue’s expose on “glycemic index” caused quite a stir, so rather than move on, let’s dig a little deeper on the topic and look at how the “type” and source of your calories matter.

Just as a quick review, dietitians and nutritionists have developed a way to characterize how quickly and significantly a food (or drink) generates a change in your “blood sugar.”

This characterization is known as the glycemic index.

The higher the glycemic index, the faster and more intense the conversion is.

Not necessarily bad, but it is well understood that maintaining a stable blood sugar is helpful for lots of reasons. Perhaps most importantly, surges

(up or down) can drive erratic eating behaviors and energy levels.

Recent studies also relate some cancer activity to insulin activity, most notably in breast cancer.

We’ve all heard of the “sugar fix,” and most of us have experienced the “post-lunch crash,” all related to glycemic index, blood sugar levels, insulin, and “carbs.”

But this isn’t a case of carb-bashing, even if the popularity of “low-carb” diets continues to grow.

A look into the short-term success and long-term failure of these fads shows why carbs are getting a very undeserved bad rap.

Low-carb diets can be very effective in the short term, particularly if your diet was previously overloaded with high glycemic index “simple sugars.”

These low-carb diets work initially because as you shift out of a “carb burning” and into a “fat burning” metabolism, your body goes through a number of adaptations, and if you stick to the calorie limits, one of these adaptations involves teaching your body to rely on your fat stores.

Some of these diets try to all but eliminate carbs, particularly in the first week.

I’ve actually run though one of the more popular ones (not for weight loss, I was just going along with it to shadow and support my workout partner!) and I can tell you that first week was TOUGH!

I felt just awful after a few days, and I couldn’t wait until the 10th day when I could dive into a bowl of cereal. But therein lies the problem.

These drastic measures just aren’t sustainable. Worse yet, without carbs, you forsake one of the best diet boosters out there: fiber.

Fiber is nature’s great “glycemic index balancer.” This is one dietary component that’s really hard to overdo.

Fiber has so many benefits – not just for weight loss, but for overall health – that dropping fiber can really complicate your health picture.

Fiber is one of the best stimulators of that “full feeling” that can help you limit your intake.

It is THE key component in maintaining colon health (with a strong correlation to combating colon cancer) and enjoys very strong support among cardiologists as a way to reduce cholesterol.

Since we get fiber from

grains, it’s really difficult to keep healthy levels going in a low- or no-carb diet.

Plus, losing the short-term, buffering characteristic can be a real challenge in a diet program, so needless to say I’m not a fan of the extreme low-carb approaches.

Eliminating a key dietary component is a rough road, but low-carb diets present a long-term challenge as well.

Just like so many other aspects of our lives, balance is the key, and it gets very difficult to maintain an artificial, low-carb imbalance.

The reason these diets work for many people (in the short term!) is because they start the diet out of balance already, and shutting off the carbs can help restore the balance.

But for the long haul,

we need to get the balance back, and if we don’t make all the other life changes we need to sustain a healthy weight, the vast majority end up right where they left off.

So, it’s clear that the kind of food you eat matters, not just the quantity.

If you are looking to shed some weight, start with a careful and detailed food journal to see if you are overloading in either types or quantity, and then get both back in line. Maybe with one exception ... look very carefully at your fiber sources and intake, and see if you can use that “trick” instead of carb bashing.

You may find that some very simple substitutions and “doubling down” on fiber will make a big difference in your hunger and energy levels throughout the day.

## FBI from page 3

mation to bring back and share with his colleagues.

“I learned a lot about terrorism, how terrorists become who they are and different stages of radicalism,” he said. “I also learned a lot about statement and benefit analysis. There are so many things that you see on TV that you think are so cool; you know some of are true, and some of them have a lot more scientific background than what most people think about.

“I met a lot of people with unique jobs around the country and around the world from other countries. It was neat to experience the different cultures, backgrounds and how they deal with law enforcement in their communities and how they support their nations’ defense.”

Redmon said he has already been able to share some of what he learned with his staff at AEDC.

“We’ve had some class-

es, some discussions on how to do different things, and I’ve actually seen several newspaper articles that come out from the Tennessee Fusion Center [which gathers and disseminates regarding suspicious activities, and information about terrorism and local hate groups] about certain activist groups,” he said.

Redmon said the academy brought in speakers who expressed extreme

ideologies and provided examples of the beliefs of some of these activist groups.

In addition to classroom instruction the academy also featured physical training four times a week.

Each session was more vigorous, leading up the “Yellow Brick Road,” a grueling 6.1 mile run through a hilly, wooded trail built by the Marines.

“People were pretty worn out by the time it

was over with,” Redmon said. “No matter how fast or slow you ran everybody was there at the end to cheer the last person on. There was a lot of camaraderie.”

Redmon said that camaraderie continues to paying off as the academy graduates keep in touch and share information.

“I get 15 to 20 e-mails a day just on the distribution lists from guys I went to the academy with,”

he said. “You know, so-and-so’s getting promoted or does anybody have a SWAT [Special Weapons and Tactics] operating procedure for this type of situation? So people are sharing information; it’s working.”

Redmon called the FBI National Academy, “sort of the Super Bowl of the policeman’s career” and said it was probably the best training he has ever attended.

## “Let Freedom Ring” event is Sunday

By Philip Lorenz III  
Aerospace Testing Alliance

The Company Grade Officer’s Council (CGOC) is inviting military members, veterans, their families and the public to “Let Freedom Ring,” a military/veterans appreciation program being held from 2 – 4 p.m. Sunday at the Franklin County High School (FCHS) Gymnasium.

The doors at FCHS will open for the event at 1 p.m.

AEDC Commander Col. Michael Panarisi will give the opening remarks, and Arnold’s Honor Guard will post the colors and perform a POW/MIA table ceremony.

A group of third grade

students from Good Shepherd Catholic School in Winchester will lead those attending in singing for the event.

The school, which ‘adopted’ Tennessee’s 278th Armored Cavalry Regiment, will sing a special song for the Army National Guard unit.

The event will also feature a bagpiper, local singers and a gospel group called the Cavaliers.

ATA Deputy General Manager Steve Pearson, who is president of the Franklin County Historical Society, will speak at the event as well.

“We encourage everyone on base and in surrounding communities to attend

this worthy event,” said 2nd Lt. Rachael Clark, an investment program manager with the AEDC’s Test Systems Investment Branch.

She and 2nd Lt. Bradley Chronister are CGOC members and had coordinated a drive for donations of basic home care items on base and encouraged participation from their coworkers. The items were donated to the Alvin C. York Veterans Home in Murfreesboro.

For additional information, contact 2nd Lt. Rachael Clark at 454-4779 or 2nd Lt. Bradley Chronister at 454-6485, or Gayle Haywood at 931-967-8368.

## Weather from page 4

“For some communities and for some StormReady bases at other locations, it’s a lot of work. I don’t think that’s going to be the case at Arnold. I think there’s a high level of awareness and preparedness,” Johnstone said. “There’s going to be work to do, but I think they have a head start on a lot of our folks.”

Part of the StormReady program is having personnel attend a storm-spotting class. One is scheduled for Nov. 18 at the AEDC fire department.

The weather service uses the roughly two-hour class to teach the

visual cues of life-threatening cloud formations, and people in the class also learn how to use the weather service to warn their fellow citizens. Johnstone said there are about 7,000 trained spotters in Middle Tennessee, and the majority of them are citizens.

“We try to get people who are either vulnerable to the weather or are out in the weather to be the primary reporters,” Johnstone said.

The Nov. 18 class

is intended for people who would not be in an on-site shelter during a storm, such as security and firefighters. Coffee County emergency management workers also will attend that class.

The class is close to the desired capacity, but Justice says anyone on base who is interested in attending can e-mail him at [daryl.justice@arnold.af.mil](mailto:daryl.justice@arnold.af.mil).

If there is enough interest, Justice says more storm spotting classes can be scheduled.

## Posey from page 1

The second was U.S. Marine Corps Staff Sgt. Marcus Golczynski, whose father-in-law John Southward worked as an Air Force civilian employee at AEDC.

Sergeant Golczynski’s memorial is located in the Marshall County Court-

house Annex, along with two Army fallen heroes’ memorials also presented

by ONF.

The bronze busts are created by Marble Cast Inc. in Salt Lake City, which has pledged to construct the busts at their costs as long as there is a need, according to Usel-

ton. More information about ONF can be found at [www.operationneverforget.org](http://www.operationneverforget.org).

# Mosley family looks back on a shared experience

By Philip Lorenz III  
Aerospace Testing Alliance

*“Teach a youth about the way he should go; even when he is old he will not depart from it” (Proverbs 22:6)*

In 1951, Robert Mosley Jr., now 80, took a short break from working outside on a hot summer day to look around the site where the U.S. Air Force’s Air Engineering Development Center was taking shape. Arnold existed more on blueprints than in concrete and steel as buildings, roads, piping and water lines.

“It [AEDC] was nothing but woods, [when] they cleared that land up while I was working there,” Mosley recalled.

“I was working where they were laying pipes, train lines, water lines and things like that. I sealed [pipes and steam lines] inside when they put those in the ground. Some of those pipes, they were so big, you could stand up in them and walk in them and some were so small you had to crawl through.”

Even after he had moved on to a 23-year career with the Marquette Cement Company in Cowan, Mosley returned to do more construction work at AEDC during the flight simulation complex’s formative years.

“We were digging some of those ditches, some were 21 feet deep,” he said. “I never had seen anything like that before. I helped to build AEDC from the ground up, with J-6 (Large Rocket Test Facility) and ASTF (Aeropropulsion Systems Test Facility).”

Mosley didn’t know it at the time, but he had started something of a family tradition.

All but one of his children ended up working at AEDC over the years. Early on, Mosley also began another tradition, particularly among the men in the family, when he joined a local chapter of the Negro League, the baseball organization that existed before segregation ended.

“I used to coach baseball,” he said. “When [my son] Jeff started playing ball, I saw he had a whole lot of talent and I kind of got hooked up in it where I could help him. Then the rest of the boys just came along and just took to it.”

Another son, Scott Mosley, a storekeeper at AEDC, recalls how baseball was a family tradition and that family included more than blood relatives.

“It was kind of neighborhood thing,” he said.

Another thing that has united the whole family from the beginning to the current day is a rock solid work ethic, according to Serbrinne, Robert’s younger daughter, who had worked for AEDC’s payroll department as a timekeeper and now works for contracts in the Jacobs Technology office in Tullahoma.

“My parents and my grandmothers were my role models,” she said. “My dad had always worked. In fact, sometimes he worked two jobs. When he finished his regular job, he would go work another one.

“My parents and my grandmothers told me that your word is your bond and always do what you say, be honest, and pray to make the right decisions.”

Looking back on the years since their father helped to lay the foundation for what became AEDC; the family has a lot of memories to share.

Dwight, the oldest son, was the next family member after his father to join Arnold’s work force. After serving two years in the Army, mostly in Germany, he began his career in 1972 as an apprentice graphic reproduction specialist.

Dwight is now the custodian of all the blueprints of testing facilities, warehouses, offices and a host of support buildings owned by the Air Force on more than 4,000 acres of the approximately 40,000 acre base.

Looking back on a career spanning close to four decades, Dwight said the thing that impressed him most when he began working at AEDC was the number of people here.

Originally part of a group of 12 people, he is now the only one working in Real Property with approximately 80,000 blueprints and drawings under his care.

He is often the first person the design engineers and planners call when a change is being considered or planned for a building or other infrastructure on base.

Dwight, like his father and siblings, has had his time at bat, so to speak.

“I started umpiring back in probably 1973 or so,” he said, but added that being a catcher was always his favorite position in the game. “I played Babe Ruth baseball back in the early 1960s, when they first integrated baseball so we could play it. So I had already played baseball and I always played sandlot ball with my dad.”

For many years now, he has continued



From left to right, On Oct. 31, 2009, brothers Scottie, Maverick, Jeff and Dwight Mosley pose for a family photo with their parents, Robert and Janette Mosley, and sisters Marie and Serbrinne Mosley during their parent’s 60th wedding anniversary. (Photo provided)

to umpire local high school and regional baseball teams.

Jeff Mosley, the next oldest in the family, originally considered going premed in college, but a family friend, John Cunningham, who was a human resources specialist at AEDC, talked the young man into giving engineering a shot.

Armed with a sports scholarship, Jeff attended Tennessee State University for an undergraduate degree in mechanical engineering and played collegiate football, basketball and baseball.

From 1973 through 1982, he worked off and on as a coop student with an engineering design group at AEDC’s von Kármán Gas Dynamics Facility. Jeff said the mentoring he experienced at Arnold paid off.

“I presently work for Sikorsky Aircraft in Huntsville as a technical component integration lead engineer.”

On March 13, 1979, Maverick became the next member of the Mosley family to come to AEDC.

He said he was originally planning to follow in his brother, Jeff’s footsteps and become an engineer.

“I was going to follow in his path,” recalled the 51-year-old boilermaker. “So, I was going for electrical [engineering] and I went on to college at Tennessee State [University]. Then I decided that it wasn’t for me.

“I liked working with my hands. I was just getting ready to go back to college to continue my engineering and this job came open – an apprenticeship [position] came open and I got into it. I did a four-year apprenticeship out here on the base.”

He said this was the last such class AEDC had.

When he first came to AEDC, there were 31 boilermakers at the Model Shop.

“I’d say probably it’s only about, maybe 10,” Maverick said, adding that he is also a member of the union council’s grievance committee.

He said only more recently did he take

the time to reflect on how AEDC has impacted his family.

“You don’t really think about it until you step back and look at [your life],” he said. “Of course my family all had a part in this.”

The next member of the Mosley family to come to AEDC was Scott, who started in August 1981 helping in the base’s post office.

When he graduated from Franklin County High School the year before, he wasn’t sure what path to follow regarding a profession.

“As far as a job, really didn’t [have an idea] what I’d do,” Scott said. “I had always loved playing baseball, but knew that wasn’t going to be a career. So, I guess I was kind of out there, kind of looking and hoping.”

He vividly recalls his first impression of AEDC when he first started working here.

“I thought it was a big place, it was just like another world,” he recalled.

Scott has seen everything pass through the warehouses at AEDC, from aircraft engines to ducting, huge drum cameras to software and component parts so small they almost get lost in the palm of someone’s hand. It’s been his job to make sure all of this hardware and equipment was safely stored, accounted for and tracked until needed or required somewhere else.

“The biggest challenge out there right now is keeping up with the excess property coming in, you know, keeping track of it, [ensuring] it’s leaving out properly and making sure that when people turn it in, it’s the right thing.”

What he described almost sounded like an endless treasure hunt.

However, Scott said one highlight of the job is something more personal.

“I’ve met so many different types of people. Just like down there where I work,



# ATA

## Overall Team Member of the Quarter

The Overall ATA Team Member of the Quarter is Jason Layne. Layne, a member of the AEDC Police Department's K-9 explosive detection unit, recently competed with his K-9, Bikkel, in the Canine National trials held at Con Liche Kennels in Peru, Ind. Layne and Bikkel took two first place trophies from the National Security Agency, which has never been beaten in this competition. The team also took one second and one third place trophy. He was also requested by name by the University of the South's chief of police to support efforts to make the university facilities safe and secure for former first lady Barbara Bush.



Layne

## Overall Craft Member of the Quarter

The Overall Craft Member of the Quarter is Norman Smith. Smith, a machinist, began his career at AEDC's Model Shop in 2003. In addition to transforming materials of all shapes, sizes and types into finished products for testing, Smith continuously looks for ways to improve the productivity and efficiency of the Model Shop. His expertise and abilities have helped Smith play an important role in reversing the trend of machine work being outsourced. For example, his work on the 16T Repair Pitch/Yaw Adapter reduced cost by an estimated 34 percent, and he finished the work 12 days ahead of schedule.



Smith



**Tim Bagley**  
Team Member  
Facilities Operations

Bagley, electrical system engineer, was recognized for an outstanding job supporting craftsmen in preventive and corrective maintenance work, as well as being a skilled troubleshooter.



**Paul Denton**  
Team Member  
Facilities Operations

Denton, computer programmer, was recognized for technical knowledge of the manufacturing progress, expertise with computer programs and ability to develop methods to produce complex products.



**Launa Konyndyk**  
Team Member  
Investments

Konyndyk, investments project manager, was recognized for the ability to focus on details while ensuring a project's "big-picture" goals are being met. Her work includes the 4T Roll Mechanism Upgrade project.



**Joshua Webb**  
Team Member  
Information Technology  
& Systems

Webb, technical specialist, was recognized for outstanding work in analyzing and developing a new methodology to transfer data from the Integrated Information Management System to the AEDC data warehouse.



**Karen Zarecor**  
Team Member  
Information Technology  
& Systems

Zarecor, programmer/analyst, was recognized for designing and directing implementation of the TRMC database, which was created and administered on-time and below budget.



**Chris Rogers**  
Team Member  
Integrated Test &  
Evaluation

Rogers, test engineer, successfully lead the SL-3 test team to completion of the F-100-PW-229 AMT life extension test, which will lead to significant savings across the entire F-15/F-16 fleet.



**Mike Stringfield**  
Team Member  
Integrated Test &  
Evaluation

Stringfield, project engineer, was recognized for going above and beyond his responsibilities as Lead J-2 Project Engineer in support of F-136 testing.



**Bobbie Arnold**  
Team Member  
Resource Provisioning

Arnold, administrative professional, has been working with AF/LG to close the equipment storeroom maintained by ATA, while still acquiring material to support upcoming deployments.



**Kathy Nichols**  
Team Member  
Performance Management

Nichols, manager specialist, was recognized for working late and on weekends to complete the Civil Engineering project design deliveries on schedule for the fiscal year 2011 workload proposal.



**Maynard Schewe**  
Craft Team Member  
Information Technology &  
Systems

Schewe, working foreman, has demonstrated loyalty and dedication to AEDC on numerous occasions, including helping when called with problems while on vacation.



**Mitch Kendrick**  
Craft Team Member  
Facilities Operations

Kendrick, power switchboard operator, was recognized for his knowledge of safety and electrical distribution systems, which has helped reduce time to restore power to buildings and test operations and helped avoid equipment damage.



**Tony Mason**  
Craft Team Member  
Integrated Test &  
Evaluation

Mason, pipefitter, has an excellent understanding of the many systems at J6 and can be relied upon to know which component is the likely source of a problem. He will also know how to repair or adjust it to support test operations.



**William B. Besheres**  
Craft Team Member  
Integrated Test &  
Evaluation

Besheres, outside machinist, has played an integral role in the development, operations and maintenance of the TAPS burner subsystem and remains diligent toward making sure his co-workers are aware of the project's hazards.



**Crethton Caldwell**  
Craft Team Member  
Resource Provisioning

With one mechanic on long-term medical leave in his area, Caldwell, heavy equipment mechanic, has ensured the workload in his area continue with minimal downtime of equipment and no need for overtime.



**Melissa Minter**  
Customer Service – External  
Integrated Test &  
Evaluation

Minter was recognized for her project engineering service to AEDC's Navy client engaged in the 16T Navy BAMS aerodynamic force and moment test.



**Howard Frederick**  
Customer Service – Internal  
Project & Design Engineering

Frederick was recognized for his proactive support to investment design that delights the program leadership in the deep knowledge, research and critical thinking he applies to challenging electrical system design efforts.

## Miller wins William M. Dunne People's Choice Award

Doug Miller, an ATA project engineer with the Project and Design Engineering Department, was named the William M. Dunne People's Choice Award winner.

Miller was recognized for outstanding coordination and initiative to accomplish critical Turbine Engine Dry Air Capability (TEDAC) project program milestones.

He went beyond the normal call of duty to provide verification testing to assure that the new \$31 million desiccant drying system for turbine engine testing met the user requirements. Miller used his expertise in system engineering to plan and coordinate

the activities that were required to document the contractor-designed and installed system met the government's requirements.

When the contractor was unable to meet scheduled installation milestones, Miller worked with the facility and control project engineers to coordinate many complex activities required to



Miller

accomplish final testing within the program schedule.

The TEDAC program is a complex activity that involves coordination between the Air Force, Army Corps of Engineers and private contractors. The project is a top priority at AEDC to maintain the capability to test turbine engines, and it directly supports major acquisition programs such as the F-135 and F-136.

At the same time final accep-

tance of the desiccant system was being performed, Miller also coordinated the design activities for a \$50 million effort to restore the Engine Test Facility (ETF) dry air capability and eliminate refrigerants and brines that are hazardous to the environment.

The work involved coordinating that ATA response to the contractor for design reviews. Miller identified the need to consolidate the technical review comments from dozens of reviewers and enter them into a database that allowed the contractor to quickly capture and answer the technical comments.

# Government



**Lt. CharMeeka L. Scroggins**  
Company Grade Officer

Lt. Scroggins, flight systems test manager, was recognized for leadership and technical depth, in addition to building the SM-3 interceptor plan.



**Master Sgt. George V. Allen**  
Senior Non-Commissioned Officer-in-Charge

Sergeant Allen, fuels superintendent, was recognized for monitoring key performance indicators for 900,000 gallons of fuel/cryogenics, valued at \$58 million and stored in 13 facilities.



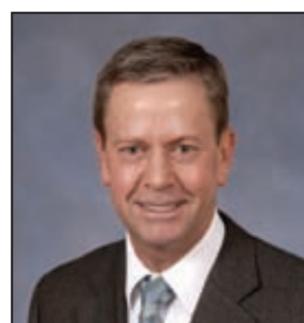
**TSgt. Danielle R. Morris**  
Non-Commissioned Officer-in-Charge

Tech. Sgt. Morris, Tricare Ops and Patient Admin, was recognized for serving in the superintendent's absence and ensuring four major functional areas stayed on course.



**TSgt. Naomi O. Bullock**  
Honor Guard Member

Tech. Sgt. Bullock performed flawlessly in all of her details, including two flag folds and Col. Jolliffe's retirement ceremony. She has shown outstanding potential and professionally represents AEDC in the greatest of military traditions.



**Michael Dent**  
Civilian of the Quarter Scientist/Engineer

Dent, general engineer, was recognized for being a leader and mentor in propulsion testing and working to steer AEDC, ASC and OEMS to better test practices.



**Denise Counts**  
Civilian of the Quarter Administrative

Counts, financial specialist, was recognized for managing 60 percent of AEDC's budget, controlling more than \$173 million in budget authority for the Test & Evaluation Support account like her own checkbook.



**Stacy Jones**  
Civilian of the Quarter Clerical/Technical Support

Jones, education technician, was recognized for increasing the number of tests administered more than 50 percent and ensuring the most current tests were available.

## AFAS college grants now up for grabs

The Air Force Aid Society (AFAS) plans to award up to 3,000 grants to dependents of Air Force members for their college education through the Gen. Henry H. Arnold Education Grant Program.

Applications for these \$2,000 need-based grants are now available from the Society's website, <http://www.afas.org>. Completed forms must be received by AFAS no later than March 11.

The grant program is open to dependent children of active duty, Title 10 Reservists on extended active duty, Title 32 AGR performing full-time

active duty, retired, retired reservists and deceased Air Force members. Spouses of active duty members and surviving spouses of deceased personnel are also eligible.

All applicants must be enrolled as full-time undergraduates at an accredited college or university during the 2011-2012 academic year, and are required to maintain a minimum 2.0 grade point average.

Selection is heavily based on cost of attendance, family income, and is dependent on the number of eligible applicants competing. Final need assessment will be determined

by an independent agency.

All interested students are encouraged to review full eligibility requirements, procedures and application instructions on the society's website.

Apply now! Don't miss out on a chance for college cash through a program with an average selection rate of better than 50 percent.

The Air Force Aid Society, a non-profit organization, is the official charity of the U.S. Air Force and has been providing emergency and education assistance to Air Force families for nearly 70 years.

# Milestones

### 45 YEARS

George Peterson, ATA

### 25 YEARS

Walter Bishop, ATA  
Katherine Moran, ATA  
John Page, ATA  
Valerie Pew, ATA  
Ronnie Rogers, ATA  
James Washington, ATA  
Charity Vandergriff, ATA

### 15 YEARS

Belinda Alexander, ATA  
James Cantrell, ATA  
Katherine Nichols, ATA  
Janet Reese, ATA  
Dylana Seay, ATA  
David Statum, ATA  
Christy Trussell, ATA

### 10 YEARS

Steven Bancroft, AF  
Ann Crane, ATA  
Danny J. Dobson, AF  
David Lynn, ATA  
Carol Paschall, ATA

### 5 YEARS

Carrie Barham, ATA  
Gloria Cossentine, AF  
Clayton Crawford, ATA  
William Garner, ATA  
Christopher Gernaat, ATA  
Brian Jackson, ATA  
Gerald Jones, ATA  
James Horine, ATA  
Patty Inmon, ATA

Diane Ladd, ATA  
Steven Lowe, ATA  
William Kellermann Jr., ATA  
Seth Knight, ATA  
Matthew Morin, ATA  
Alan Moultrie, ATA  
Karen Norton, ATA  
Anthony Overman, ATA  
Andrew Riis, ATA  
Kimberly Russell, ATA  
Kimberly Vanzant, ATA  
Johnny Watson, ATA  
Justin Weibert, ATA

### RETIREMENTS

Dwayne Carver, ATA  
William Dunn, ATA  
Mark Kelly, ATA  
Alvin Ross, AF  
William Simpson, ATA  
Charles Smith, ATA

### NEW HIRES

Patrick Ary, ATA  
Stuart Brooks, AF  
Hammick Fuqua Jr., ATA  
Jerry Kitchen, AF  
Michael Lazalier, AF  
William Meredith, AF  
Heidi Mowery, AF  
Jonathan Parker, AF  
Elizabeth Wolff, AF

### PROMOTIONS

Donald Bartlow Jr., ATA  
Walter Bishop III, ATA

# In Memoriam

John Charles Ganser, 61, of Tullahoma passed away Oct. 14.

He was a steam plant operator in the FA44 branch of ATA's Facilities Operations and Maintenance Department.

Ganser was born in Wausau, Wis. and was the son of the late Phillip E. and Hyacinth Schrieber Ganser.

He was a Navy veteran.

Survivors include his wife, Patty Howard Gan-

ser of Tullahoma; a son Andrew (Julie) Ganser of Mosinee, Wis.; a daughter Emily Ganser (Mike) Kohel of Chapel Hill, Tenn.; a brother Richard (Jean) Ganser of Wisconsin; three sisters Cheryl Hilman of Wisconsin; Cathy (John) Hilman of Wisconsin; and Julie (Robert) Zalewski of Wisconsin; and six grandchildren Ashley Kohel, Cameron Kohel, Brittany Ganser, Danielle Ganser, Derryck Gee and Danyelle Gee.

### Arnold Golf Course 454-7076

**Mulligan's Coffee Bar and Grill now open.** An expanded breakfast and lunch menu as well as a great selection of popular beverages are now available 5:30 a.m. to 2 p.m. Monday - Friday and 7 a.m. to 2 p.m. on Saturday and Sunday. A new feature is the addition of the "We Proudly Brew" coffee bar featuring Starbucks beverages including hot and iced coffee, lattes, macchiatos, frappuccinos (referred to as creamice in retail restaurants), espressos, hot chocolate and a variety of teas. A convenient "to go" parking area has also been created right outside the Mulligan's side door. A new punch card program offers \$2 off any purchase after getting five punches (given with any purchase).

### Arnold Lakeside Center 454-3350

Arnold Lakeside Center will be **closed Nov. 8-16** due to a water outage and sewer repair. The ALC is scheduled to reopen as normal on Nov. 17; please call ahead to ensure return to normal operation. The movie scheduled for Nov. 11, "Eat Pray Love," has been moved to Nov. 19 for a date night special.

The annual **Thanksgiving Potluck** will continue at Arnold Lakeside Center on Nov. 17 from 6-8 p.m. The ALC will provide turkey, ham, rolls and stuffing along with plates and silverware. All attending are asked to RSVP to Lyle Russell or Bryan Larson with name, contact info, number of people attending and dish to be brought. Please bring serving utensils and remember to collect your items after the event. Dinner will begin at 6:30 p.m. to allow everyone time to get things set up. Deadline to sign up for this event is Nov. 12. The bar will not be open during this event.

**Date Night Movie** set for Nov. 19. Due to the water outage and closure on Nov. 11, the movie "Eat Pray Love," rated PG-13, has been moved to Nov. 19 with a date night dinner theme. Dine in the ballroom and order 2 for \$20 (\$18 for members). Choose two entrees from the following selections: Glenda's famous fried chicken, creamy chicken alfredo, homemade

lasagna, broiled salmon, golden fried shrimp or grilled 8 oz. sirloin. Each meal comes with two sides, two garden salads, tea or coffee and two desserts. Dessert choices include New York cheesecake with berries, five-layer chocolate cake, carrot cake or warm apple pie with vanilla ice cream. This special is available for dine in only in the ballroom. Dinner is available from 5-9 p.m. and movie will start at 6 p.m.

The Arnold Lakeside Center is hosting a **Thanksgiving Day Lunch Buffet** Nov. 25 from 10:30 a.m. to 1 p.m. with seatings every 30 minutes. Cost is \$17.95 for members, \$19.95 for nonmembers, \$9.95 for children under 12 and free for age three and under. The menu will include turkey, ham, carved prime rib, bread stuffing, green beans, fried okra, macaroni and cheese, yellow corn, mashed potatoes with gravy, yams, pasta salad, rolls, assorted cakes and pies. Reservations are required for this event and may be made by calling 454-3350.

Be a part of **Football Frenzy** at ALC and win prizes. Watch Sunday NFL games and Saturday college games every week. Thursday games will also be shown Dec. 2, 9 and 16. Other special games will be Sugar Bowl, Jan. 4; Cotton Bowl, Jan. 7; and college championship, Jan. 10. The grand finale of Football Frenzy will be Super Bowl on Feb. 6. The ALC will be open 11:30 a.m. to 8 p.m. on Sundays, 11:30 a.m. to 10 p.m. on Saturdays and 5 to 9 p.m. on Thursdays. Times will vary once bowl games and playoffs begin in Jan. There will be no games shown on Nov. 27, Dec. 11, 18, 25 or 26. While attending a Football Frenzy game event, all Members First Plus members are eligible to enter to win a trip to two regular games and Super Bowl. Each winner will receive two airline tickets, hotel accommodations, rental car and two game tickets. A bonus drawing will be held for 10 lucky winners to receive \$500 each. Only one entry per member per visit. Members and non members are eligible to compete in local contests and giveaways. Food specials will be offered with member and nonmember prices or order from the Hap's Pizza or Express menus. Regular dinner menu is available on Saturday nights in the Four Seasons dining room from 5-9 p.m. November specials and contests are listed.

Watch for more details or call 454-3350.

November contests and food specials are as follows:

Nov. 6: Chicken quesadillas \$4.99 member, \$5.99 nonmember. Minute to Win It - series of three games, winner with most points at end wins prize

Nov. 7: Meatball sub and chips \$5.50 member, \$6.50 nonmember. Most Team Spirit - whichever member comes to the games totally decked out in support of their team wins. Get your jerseys, face painted, big pointer fingers and all the other goodies you can find.

Nov. 20: Chicken strips and fries \$4.99 member, \$5.99 nonmember. Frozen T-shirt Contest - T-shirts will be pre-frozen into a cube; members will divide into groups of three; the first team to get their shirt put on a teammate wins

Nov. 21: Club sandwich and chips \$5.50 member, \$6.50 nonmember. Football Toss contest - make as many tosses in 30 seconds through a target; most tosses wins

Nov. 28: Half-price pizzas for members only. Deal or No Deal - there will be boxes with prizes and boxes with nothing; members get a chance to choose three boxes; get a prize then choose to keep it or risk choosing another box for something better ... or nothing

Sign up now for three months of free **club membership**. All personnel who join any Air Force club between now and Dec. 31 will automatically receive three months free dues, a free cash back rewards program and two free lunches at their club. Pick up an application, fill it out and experience the benefits of membership. The membership card provides numerous benefits. The Military Free Cash rewards program is an outstanding benefit to members. When you use your club membership card in any on-base Services activity, you earn 2 percent cash back on every eligible purchase including AAFES (to include gas) and Commissary. Additionally you earn 1 percent cash back on eligible purchases everywhere else including all off base purchases. In addition to being able to redeem points for cash back and gift cards, you now can also redeem for travel, to include airline tickets, hotel and car rental - super flexibility - and it is all free, as a benefit of club membership. Air Force Clubs offers members numerous

## Mission Support Division hours of operation:

**Arnold Lakeside Center** - Special function luncheons available. Call 454-3350 for arrangements. Catering/Management offices Tuesday-Friday 10 a.m.-3 p.m.; Lunch: limited menu Wednesdays, 11 a.m. - 1 p.m., call 454-5555 to place orders; Dinner: Arnold Express Menu or Hap's Pizza only Thursday 5-8 p.m., dinner or Arnold Express Menus and Hap's Pizza Friday 4-9 p.m. and Saturday 5-9 p.m.; Main Bar Thursday 5-8 p.m., Friday 3:30-10 p.m. and Saturday 5-10 p.m.; Social Hour Friday 4-6 p.m., Movie Night Thursday 6 p.m. **CLOSED Nov. 8-16 due to water outage and sewer repair.**

**Family Member/Youth Programs** - Tuesday through Friday 10 a.m. - 5 p.m., Saturday 12-5 p.m., First Friday Movie Night 5-7 p.m.

**Outdoor Rec** - Main Office, Check In and Auto Shop Tuesday through Saturday 10 a.m. - 5 p.m., Marina by appointment only. **Closed Nov. 11 & 25.**

**Fitness Center** - Monday-Friday 5 a.m.-9 p.m.; Saturday 8 a.m.-4 p.m.; Sunday 12-5 p.m. **Open 5 a.m. - 6 p.m. Nov. 11, Closed Nov. 25.**

**Arnold Golf Course** - Pro Shop 8 a.m. - 5:30 p.m., Driving Range open 24 hours with prepurchased key card. Mulligan's Grill: 5:30 a.m. - 2 p.m. Monday through Friday, 7 a.m. - 2 p.m. Saturday and Sunday. Closed Nov. 25

**Recycling** - Monday through Friday 7 a.m. - 4 p.m.

**Wingo Inn** - Monday through Friday 7 a.m. - 6 p.m., Saturday and Sunday 8 a.m. - 4 p.m.

**Barber Shop: by appointment** - Monday, Wednesday & Friday 8 a.m.-2 p.m.; Thursday 8 a.m.-noon

free and inexpensive activities including discounts on every meal to include special functions, an annual \$25,000 scholarship program, Football Frenzy, Air Force Hoops and other member's only programs. Your club is a great place for entertainment and meeting new friends in a fun and safe environment. Join now - enjoy free lunch and the first three months are also free on us.

**Wednesday Lunch** is available for dine in or carry out from 11 a.m. to 1 p.m. Call ahead to 454-5555 to place orders. No delivery available. For better service, you may call on any day and pre-order. In addition to the Hap's Pizza menu, chef salad is available for \$4.50 which comes with ham, turkey, cheese and boiled eggs. Add grilled or fried chicken for \$2 more. Call to see what other specials are available each week. Closed Nov. 10 due to water outage.

**Movie nights** are every Thursday with movie start time of 6 p.m. and dinner available from the Express or Pizza menus from 5-8 p.m. The schedule for November is: **Nov. 11** - Closed due water outage. **Nov. 18** - "Toy Story 3," rated G starring voices of Tom Hanks, Tim Allen, Joan Cusack and Ned Beatty. The toys are mistakenly delivered to a day-care center instead of the attic right before Andy leaves for college, and it's up to Woody to convince the other toys that they weren't abandoned and to return home. **Nov. 26: Friday instead of Thursday due to holiday** - "Despicable Me," rated PG starring voices of Steve Carell, Jason Segel and Russell Brand. When a criminal mastermind uses a trio of orphan girls as

pawns for a grand scheme, he finds himself profoundly changed by the growing love between them.

**Friday night dining room specials available from 4-9 p.m. Nov. 5:** Catfish and scallops, \$13.95 members, \$14.95 nonmembers. First Friday Jam is 6-10 p.m. **Nov. 12:** Closed due to water outage. **Nov. 19:** Beef liver and onions, \$6.95 members, \$7.95 nonmembers. **Nov. 26:** Membership Night - half-priced pizzas for members, free kids' buffet for children of members. Special movie presentation: "Despicable Me," 6 p.m. Please call for reservations to ensure special is available. All specials and times are subject to change without notice. Please call ahead to ensure availability and openings.

**Saturday availability and specials: Nov. 6:** Pollo formaggio, \$10.95 members, \$11.95 nonmembers. **Nov. 13:** Stuffed Frenched pork chops, \$13.95 members, \$14.95 nonmembers. **Nov. 20:** Oven barbecue beef brisket, \$10.95 members, \$11.95 nonmembers. **Nov. 27:** Prime rib for two, \$31.95 members, \$32.95 nonmembers. The dining room is open on Saturdays from 5-9 p.m. unless otherwise specified. Please call for reservations to ensure these specials are available. All specials and times are subject to change without notice. Please call ahead to ensure availability and openings.

### Family Member/Youth Programs (FamY) 454-3227

The annual **Children's Christmas Party** will be held from 1 - 5 p.m. Dec. 5 at the Arnold Lakeside Center (ALC) for ages 12 and under. This event is free and open to all AEDC employees (active duty military, civil service, contractors), National Guard, Reserves, retirees and their immediate families. The annual Tree Lighting Ceremony will be held in conjunction with this event and will begin when Santa arrives to help flip the switch.

Santa is scheduled to arrive at 2 p.m. by antique fire engine along with some of his friends. Santa and Mrs. Claus along with their elves will be in the Winter Wonderland tent to visit with the children immediately following the tree lighting ceremony. Some of Santa's elves will also be in the Winter Wonderland tent to give out goodies to children age 12 and under. It is important to sign up by Dec. 2 so the elves bring enough.

There will be inflatable jump houses, Shriner's Tin Lizzie show, petting zoo (2-4 p.m.), Dolly Parton's

Imagination Library, face painting, letter writing to Santa, 4-H crafts such as card making and more. A canned food drive will also be held so please remember to bring a contribution. Drop off for all canned food donations will be at the front entry of the ALC.

In addition to the various activities hot dogs, hamburgers, chips, kettle corn, cotton candy and drinks will be available.

Santa and Mrs. Claus will have a number of special guests again this year. You may see Buddy the Elf, Frosty the Snowman or Rudolph just to name a few.

A special Santa Hotline, 454-SNTA (7682), has been setup for children to leave a message for Santa. This number may also be used by parents to register children for the event. Simply press 1 to leave a message or 2 to sign up. Be sure to specify how many children and how many adults will be attending.

For event parking the ALC and Wingo Inn parking lot is being reserved for lodging guests and those with special needs. All others are asked to park at the Gossick Leadership Center (GLC). Buses will be used to transport to the ALC. Shuttles will begin running at 12:50 p.m. We thank you in advance for being considerate of those in need. Security will be assisting to ensure successful traffic flow and limited delays of party attendees.

Youth Movie Night will be Nov. 5 from 5-7 p.m. Ages 9 and up are invited to the Open Rec Center to watch a movie. There will be free popcorn, juice and water.

**Piano Lessons** will be held every month for all ages with half hour sessions each week for four weeks. A new session will begin every four weeks as long as there are at least two students registered for the class. A maximum of four students per month will fill the 4-5 p.m. time frame of half hour classes. Cost is \$60 and includes instructional book. Deadline to sign up is the last Monday of the month for the next month's classes. If you've ever wanted to get your hands on a piano but didn't know where to start or worried because you couldn't read music that's no problem. This class will have you playing music in no time. Call 454-3277 now to sign up.

**4-H** will meet Nov. 18 from 4:30-5:30 p.m. The 4-H program offers many different opportunities such as the Demonstration Contest, Clover Bowl, Judging Teams, showing livestock, camps and many more op-

See **BRIEFS**, page 13

## Renovated Mulligan's Coffee Bar and Grill opens



Mulligan's Coffee Bar and Grill officially reopened Nov. 1 with a ribbon cutting ceremony. An expanded breakfast and lunch menu as well as a great selection of popular beverages are now available 6:30 a.m. to 2 p.m. Monday - Friday and 7 a.m. to 2 p.m. on Saturday and Sunday. A new feature is the addition of the "We Proudly Brew" coffee bar featuring Starbucks beverages. A convenient "to go" parking area has been added right outside the Mulligan's side door. Call ahead for advance or to go orders, 454-7076. (Photo by Rick Goodfriend)

**Mosley from page 6**

them every day. I wonder how he's doing today – because it's like family.”

Serbrinne vividly remembers her first day of work at AEDC.

“I started working at AEDC with Calspan on August 8, 1988,” she said.

“I will never forget that day, when I was filling out my benefits information the lady told me that I should never forget that day because it was 8-8-88.”

Serbrinne first worked as an office assistant before bidding on and getting a

position in payroll as a timekeeper.

Like many high school students, Serbrinne wasn't sure about what career to pursue when she graduated.

“I knew that either I needed to go to college or get a job,” she said.

**Briefs from page 12**

portunities. When you join 4-H you are joining the world's largest youth organization. 4-H is also not just an American organization as there are 4-H clubs in more than 80 countries around the world. Some of the big contests that 4-H really encourages are the speaking events and the poster contest. These events allow 4-Hers to express their creative sides and develop skills that will come in handy later on in life. 4-H also offers many different contests, camps and honor's programs that the members can become involved with. 4-H is always striving to teach young adults how to become better citizens and leaders through the many programs available. Call 454-3277 for more information and to sign-up. Arnold Youth Programs 4-H Club is open to all AEDC affiliated children from fourth grade to 12th grade.

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**Fitness Center**  
454-6440
 

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The Fitness Center will be **open 5 a.m. to 6 p.m.** Nov. 11 in observance of Veteran's Day. Group classes will continue as scheduled. The Fitness Center will be closed Nov. 25 for Thanksgiving.

**Fitness Center has assumed the roles and responsibilities of the Health and Wellness Center.**

The workout room in the A&E Building, Room C203 will now be referred to as the Fitness Center Annex. Programs and services designed to improve overall health as well as attaining a better sense of well-being will be offered. Among the services planned will be professional nutrition counseling, stress management, tobacco cessation, cancer, cardiovascular disease, diabetes and other preventative

programs. These services and programs will be limited to installation active duty, DoD and NAF civilian workforce. Appointments must be made through the main Fitness Center by calling 454-6441.

New group exercise program at the Fitness Center: **Body Pump Boot Camp.** This Boot Camp is now a regular class on Mondays and Wednesdays at 6 a.m. lasting an hour. It will incorporate plyometrics, jump squats, burpees, mountain climbers, calisthenics, jumping jacks, sit ups, push-ups and strength training utilizing dumbbells, medicine balls and your own body weight. It will also address cardiovascular endurance and core conditioning in interval fashion. Forums will also use concepts such as team exercises – grab a partner for additional fun and exercise. This class will be progressive as the weeks go on and a progress sheet will be developed for all participants to track their improvement. This class is geared towards all levels of fitness so come out and have some fun. Classes are for eligible users only (Members First Plus members, active duty military, retired military and DoD civilians).

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**Outdoor Rec (ODR)**  
454-6084
 

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**FamCamp and Crockett Cove cut prices for winter months.** Outdoor Rec will be marking down prices by half for camping from November through February 2011. Call for further information or to make reservations.

**Paintball** is set for Nov. 13. Ages 10 and older are invited to play. Meet at Outdoor Rec. at 9:30 a.m. Cost is \$20 and includes lunch. Remember to wear

long-sleeved shirts and long pants.

Join Outdoor Rec for a trip to the Tennessee Performing Arts Center (TPAC) in Nashville to see **Bill Cosby** Jan. 15, 2011. Because this is a special trip with seats on the first and second row, the **deadline to sign up is Nov. 12.** There must be 18 to sign up in order to take the trip. Cost is \$82. Full price is due by Nov. 12 and is nonrefundable. Meet at Outdoor Rec at 1 p.m. and arrive back at approximately 8:30 p.m. Showtime is 4 p.m. Bring extra money for food, drinks and souvenirs. Bill Cosby is one of America's most prolific comedians of all time and has dazzled generations of fans with his comedy routines. His comedy transcends age, gender and cultural barriers and has been captured on his iconic albums and bestselling books such as *Fatherhood* and the groundbreaking “The Cosby Show”.

Outdoor Rec is headed back to Nashville on Jan. 29 for **Shrek the Musical** at TPAC. **Sign up by Nov. 26** to ensure this trip is able to go. There must be a minimum of 10 signed up and maximum group size is 20. Cost is \$74. Fee is nonrefundable if canceled after Nov. 30. Meet at Outdoor Rec at 5 p.m. and return approximately 12:30 a.m. Show time is 8 p.m. Remember to bring money for food, drinks and souvenirs. *Shrek the Musical* tells the story of a swamp-dwelling ogre who goes on a life-changing adventure to reclaim the deed to his land. Joined by a wise-cracking donkey, this unlikely hero fights a fearsome dragon, rescues a feisty princess and learns that real friendship and true love aren't only found in fairy tales. The show features a terrific score of 19 all new songs, big laughs, great dancing and breathtaking scenery.

“Fortunately, I completed accounting and typing classes in high school.”

Looking back, Serbrinne said she enjoyed meeting all of the people she came into contact with through her job on base.

Her life is full, both at work and during her free time.

“I volunteer in the community whenever possible,” she said. “I work in my church – Mt. Olive Primitive Baptist Church. My hobbies are planting flowers and helping the elderly and sick and shut in.”

Last month, a young man representing the next generation of the Mosley family at AEDC started working part-time at Arnold's finance office. Scott's son, Robert Mosley, who is a ‘stay in school’ student, a freshman at Motlow Community College, is now working as a general clerk, filing requisitions, updating Excel documents, etc.

Enrolled in a general studies course load at Motlow, Robert wants to pursue a career as an athletic trainer for high school or college sports teams. He said basketball has been his sport of choice, his favorite position on court being power forward.

“I just started helping coach at South Mid-

dle School, with Daniel Wiggs,” he said.

Marie, the older daughter of Robert and Jeanette Mosley, is the only member of the family who hasn't worked at AEDC.

She said that has given her an opportunity to see the bigger picture.

“I think Arnold Air Force Base has given my family a wonderful opportunity to work and live close to home,” she said. “Living in a rural area, it is not always possible to work in the same community you grew up.

“Being a product of Robert and Jeanette Mosley has given me, my brothers and sister a strong foundation. Our parent's instilled in us what the Bible says are God's principles, His purpose for the family and our life. My parents believed and took seriously their responsibility for teaching their children what was right and wrong.

“We did most things as a family,” she said. “We played ball and games as a family in the yard. My father coached my brother's baseball teams. The entire family went to the ball games.

Speaking about her values, she said, “We were taught to study and work hard in school. My father worked hard, most times

two jobs. On weekends my father took my brothers hunting and fishing. My mother taught my sister and I how to cook, sew and take care of the house. My mother was a stay-at-home mom until my older brother went away to college. She quickly realized it would take two incomes for the children to pursue higher education.”

Asked why she never pursued a career at AEDC, she replied, “That wasn't what the Lord had planned for my life. After graduating from high school, Motlow Community College wasn't my first choice. However, it is where I ended up.”

After graduating from college, she landed a job there, where she has worked for more than 25 years.

She appreciates how AEDC has played such an important role for the other members of her family. Marie said it has helped all of them to find their place in life and reinforced the values with which they were all instilled along the way.

“When we attend family gatherings, my brothers, sister and parents are training the children, grandchildren and great-grand children, the next generations,” she said.



## AS AN AIR FORCE CIVILIAN, WHERE CAN I FIND HELP?

*We all face challenges, but we don't have to face them alone.*

IF YOU NEED HELP WITH...

TRY THESE AGENCIES & THEIR RESOURCES

Health & wellness planning	AFMC Wellness Support Center	www.afmcwellness.com
Health screenings & education	Civilian Health Promotion Services	(931) 454-6440
Work, personal or family issues	Employee Assistance Program	(800) 222-0364
Mental health & substance abuse	Centerstone	(931) 461-1300
Unplanned pregnancy	Crisis Pregnancy Assistance Center	(931) 728-6440
Suicide prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual assault & victim advocacy	Sexual Assault Response Coordinator	(931) 581-7494
Crime victim advocacy	Victim Witness Assistance Program	(931) 454-4657

## Airman saves life with CPR less than one day after training

**PETERSON AFB, Colo. (AFNS)** – All servicemembers go through Cardiopulmonary Resuscitation training. It's training that, when put into a real situation, can be the deciding factor between life and death.

Some might wonder if they will ever be called upon to perform CPR.

For Staff Sgt. Eddie Ramirez, a battalion air liaison officer with the 13th Air Support Operations Squadron at Fort Carson, Colo., that chance would soon arise.

Just 24 hours after receiving his CPR recertification, Sergeant Ramirez was going about his morning physical-training session Oct. 5, he noticed a worker running frantically to the aid of a 79-year-old man. Bill, as Sergeant Ramirez knows him, often exercises at the same times he does.

Bill was lying on the track when the worker rushed over.

"I immediately went over and asked the worker what was wrong," Sergeant Ramirez said. "I observed Bill and saw he was turning blue, with swelling in his face."

At that point, Sergeant Ramirez realized the people standing around him were hesitant to start CPR and might have been nervous about the situation.

"My training was still fresh in my mind, it was like muscle memory," he said.

Sergeant Ramirez took control.

"I flipped him over and pulled open his shirt and told the worker to start chest compressions while I started breaths," he said.

Another worker left to retrieve the first aid and automated external defibril-

lator kits while Sergeant Ramirez and the worker continued compressions and breaths to the man.

They set up the AED and let the machine analyze the man's condition. After a shock was delivered, the man took one deep breath and stopped.

Sergeant Ramirez went right back to work.

"I wanted to make sure I was giving 30 good compressions while the other worker gave breaths," he said.

"It's very different than practicing on a mannequin. It kind of freaked me out because you can feel and hear a clicking from the ribs and sternum. I was also surprised at how his chest went up after a breath."

Sergeant Ramirez also recalls feeling for a heartbeat.

"That can be odd as well, because the person is

cold to the touch," he said.

A minute or two later, the man began taking choppy and short breaths on his own and Sergeant Ramirez checked his heartbeat again.

"He had a little pigmentation back into his face, but a really weak heartbeat," he said.

Sergeant Ramirez placed the man in the recovery position and placed towels under his head for support until the emergency medical technicians arrived a few minutes later.

"I know it was because I had just taken the refresher course that I was able to assist like I did," Sergeant Ramirez said. "I went back to my instructor and told him the story and thanked him for teaching the course."

There's no perfect substitute for performing CPR on a real person other than the mannequins provided

in training.

"Take the class as seriously as you can, because you never know when you'll need to use it," Sergeant Ramirez said.

"I just heard Bill got out of the hospital yesterday and is going to be fine," he said.

"We're not only proud of the individual, but as an Air Force member ... it's good to know our process is working," said Tech. Sgt. John Kortes, the acting director of the Peterson Health and Wellness Center and CPR instructor at Peterson AFB.

"We look at CPR as a simple, life-saving tool," Sergeant Kortes said. "To do something is so much better than doing nothing at all."

When the situation arises, Sergeant Kortes said to "remain calm and re-

member what we've taught you."

Tech. Sgt. Alyse Partridge, the life support program director for both the 21st and 50th Space Wings, said that anybody can be CPR certified as long as they have the strength to perform chest compressions and a desire to save a life.