J-6 paint restoration begins for 3 million gallon water tank

By Raquel March
ATA Public Affairs

The October blood drive offers an alternative schedule.

For past blood drive events at AEDC, personnel have taken personal time during their work day to donate blood. The Oct. 22-25 blood drive will offer an alternative schedule.

The October bloodmobile is sponsored by Blood Assurance and the blood drive will be conducted in four days, instead of five. This drive will offer after work times or before work times for different work shifts. On Oct. 22 the bloodmobile will accept donors between 12:30 p.m. and 5 p.m. in the Administration and Engineering Building, and Oct. 23, 12-5 p.m. at the Carroll EAF Building, Oct. 24, 7 a.m. - 7 p.m. at the Main Auditorium. Employees may donate at any of the four locations during work hours with approval of the supervisor.

“Blood Assurance isn’t accepting drop-in donors on Oct. 23,” said Leslie Myers, a Comprehensive Occupational Resources registered nurse forATA. “Another incentive, besides the alternate schedule, will be offered by way of gift cards and a $500 ATA donation.”

“The will have four gift cards - one for each of the four days we’re on base,” said Vickie Shelnutt, Blood Assurance donor recruiter. “Each donor will register for the gift card and the drawing will be done by Leslie on Friday. She will notify winners and distribute cards. The cards will be for $100 each.”

By Leslie Myers, a Comprehensive Occupational Resources registered nurse for ATA.

ATA General Manager Steve Pearson announced that ATA will conduct a $500 school donation drawing for ATA personnel who donate blood. The winner will choose a school to receive the $500 donation. "Shelnutt expressed that there is a more important encouragement to donate blood besides a gift card. "Encouragement for donors should be that each donation could save up to three lives," Shelnutt said. "Eighty-five percent of patients that need blood are transfusions to different members of government and the aerospace community.

Warmbrodt recognized Duesterhaus’ ability to communicate the complex missions to different members of government and the aerospace community.

"His direct collaboration with other government leaders, especially in the U.S. Army and NASA, has ensured a comprehensive understanding of the benefits and challenges of operating such a unique facility. Through his leadership, the NFAC was successful able to complete 14 major test programs over the past four years, providing direct support to the AEDC, Defense Advanced Research Projects Agency (DARPA), U.S. Army, NASA, U.S. Air Force and the Department of Energy.

Duesterhaus began his career at AEDC in 1972 with Sverdrup Technology, Inc. where he conducted applied technology on advanced test techniques for propulsion systems. He then joined the AEDC U.S. Air Force civilian staff in 1981.

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2  •  October 14, 2013

This commercial enterprise
serves as a proof of concept for aerospace and defense
activities.

The Tullahoma News,
October 14, 2013

Vision
The complex's vision: Be
AEDC, Arnold AFB, Tenn.,
contract with ATA, complex
for aerospace and defense
activities.

Core Values
• Integrity in all we do,
• Excellence in all we do

Action Line
Team AEDC develops
free and open communications
with our Team AEDC employees,
and that's why we have the Action Line available. People can use the Action Line to anonymously report employees' concerns or
complaints or get other issues off their chests. They can access the Action Line in two ways— they can call (931) 455-6000,
base call boxes and by calling 455-6000.

Although the Action Line is always available, the best and fastest way to
get things resolved is by using your chain of command or by contacting the appropriate help line. If the situation isn't made right, give us a chance.

Col. Raymond Toth
AEDC Commander

FUNERAL PAPERS
Base, Calif. (AFNS)
September 27, 2013
By Chief Master Sgt. Thomas Stiles
30th Dental Squadron

TRAVAIL FORCE
BASIL DE BOER
You can find leadership
in all types of places.

In people worth
many jobs, far away
and wide for reasons and
wages and ages and
travel around the world.

I would say that leadership,
the moment when we are thing
in your supervision tool box finds a purpose.
For that, I think that didn't
happen during a week of
fense or executive boot
camp. In their
ments before a mandatory
video montage that
occupy the crowd before the
simple YouTube clip and

day. Like many people in
the audience, I was
engaged in pre-weekend conver-
and wasn't paying any
attention to the screen. The event omens was
still making script change
and hadn't given the "turn off
cells phones and pages"
message.

I stopped talking and
myself manual to
the screen. The clip played,
I listened and I watched. I
looked around the
with the same curiosity that
great football game.
"Did you get your "gadgets"
that I can remember something that tied my leadership
expectations in a nice, neat and
minute package. The video
glance back to the America
by the "knee

VR during the
week before publication.


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AEDC Commander

Leader is not about you.

Krispy Kremes. Your ac-
live on a steady diet of
school and the Senior
contains a reprimand
for mentors and wise sages

The greatest impact.
We must share our fail-
same mistakes you made.

You can find leadership
in all types of places.

In people worth
many jobs, far away
and wide for reasons and
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video montage that
occupy the crowd before the
simple YouTube clip and
The AETC represents 11 craft unions; the agreement will run through Sept. 30, 2015.

"Both the company and the union have put much time and effort into working through this agreement and doing the best we can to balance the needs of the workers and AEDC. AEDC General Manager Steve Powers said, "I’m proud of the team and the work done by both sides."

"AETC President, Jiny Moore, commented, "I am happy we were able to reach an agreement, Nance. "We were able to address some difficult issues, and overall, I think this agreement is a testament to what we did."

"One key factor in the vote was the strong support of the membership, which shows the solidarity and commitment of our members for the long days and nights they put in. As leaders we have to continue working, and support the actions we have taken in making this happen."

I want to thank all the members who voted – it was the largest vote AEDC has ever had. AEDC has a total of about 665 employees and this is one of the largest unions in AEDC.

AEDC became the primary contractor at AF Base on Oct. 1, 2013.

The Exchange operates facilities during contingency operations, such as in Afghanistan, where military personnel responded and assisted in Hurricane Sandy in 2012 or during shutdowns that occurred in 2013.

"We are proud of our ability to respond whenever the need arises. We do not lose sleep if a relief or a government shutdown is in place or if a major disaster is threatening. We are prepared to answer the call," said Ward.

The Exchange operates facilities during contingency operations, such as in Afghanistan, when military personnel responded and assisted in Hurricane Sandy in 2012 or during shutdowns that occurred in 2013. Lastly, we have historically been able to provide support in the form of dividends to our consumers return to help service members and their families and to support quality life programs, we sold about $304 million of dividend to our consumers return and made the decision not to sell the Exchange.

The Exchange is one of the most successful facilities, including 131 main stores, 274 Military Clothing stores, 28 movie theaters, 880 specialty stores (Express convention centers, gas stations, troops among others), 25 out of office, 12 and two military exchanges, as well as a large volume of sales and three percent from the online sales.

The Exchange is able to step up services on military installations and to answer the call," said Ward.

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Air Force News Service  

By Airman 1st Class Alexander Riedel  

The administration has access to existing programs for federal employees and members of the uniformed services, which will carry on operations.

Since neither the TSP nor the Federal Retirement Thrift Investment Board depend on congressional thrashing, neither congress nor the Federal Retirement Thrift Investment Board nor the Federal Retirement Savings Program for Federal Employees, on the other hand, have options to consider when it comes to additional furlough days.

While federal employees are not paid during a furlough, TSP contributions from pay deductions will continue as usual. In order to continue the TSP investments and activities will continue as usual, according to a TSP news release.

In addition, current investments and resulting gains are held in trust for the participants and neither congress nor the administration has access to the funds.

If military pay and allowances for uniformed members will continue, so will any scheduled contribution allowances in the TSP.

Civilian employees, on the other hand, have options to consider when it comes to additional furlough days.

The 1760 IWBU is based on the existing B-52 launchers, which allows the warfighter to upgrade their existing TSP account and therefore still accrue earnings on their contributions once the shutdown is lifted — with or without the loan. The loans generally require a repayment through pay deductions, with the first payment due the 40th day after the issue of the loan. Employees may therefore only take a loan against their TSP after 30 days and will be repaid with interest on the loan.

The system uses a digital interface, which allows the user to change the system and therefore is not online by October 2017, as previously reported. Senior Airman Gregory Quailer speaks with Acting Secretary of the Air Force Eric Fanning about a Guided Bomb Unit during the secretary’s visit Aug. 18 at Barksdale Air Force Base, La. Airman from the 2nd Munitions Squadron.

Barksdale Air Force Base, La. (AFNS)  

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New F-35 fighter creates culture for 21st Century and beyond

By Rich Lamance
Air Force News Service

EGLIN AIR FORCE BASE, Fla. (AFNS)

By Rich Lamance

Desert Storm, and post such as Grenada, Panama, F-15 Eagle through crises II when the wing was a dates back to World War and beyond was no ac-

fighter Wing "Nomads" to for the 21st Century.

War II, the 33rd Fighter Wing, Eglin Air Base, in Florida plays a prominent role as a key player in the development and deployment of the fifth generation fighter aircraft, the F-35 Lightning II.

Senior Airman Jeremy McKenzie stands by to pull chocks after an F-35 Lightning II joint strike fighter pilot performs a preflight inspection before a training and testing mission June 20 at Eglin Air Force Base, Fla. The aircraft is still in the testing phase and will be used by the Air Force, Navy and Marine Corps, along with international partners such as the United Kingdom. McKenzie is an aircraft armament systems journeyman assigned to the 33rd Maintenance Group. (U.S. Air Force photo/Shannon Collins)

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Eric Smith took off from Eglin Air Force Base and the future Fighter Wing, Eglin Air Base, in Florida plays a prominent role as a key player in the development and deployment of the fifth generation fighter aircraft, the F-35 Lightning II.

Senior Airman Jeremy McKenzie stands by to pull chocks after an F-35 Lightning II joint strike fighter pilot performs a preflight inspection before a training and testing mission June 20 at Eglin Air Force Base, Fla. The aircraft is still in the testing phase and will be used by the Air Force, Navy and Marine Corps, along with international partners such as the United Kingdom. McKenzie is an aircraft armament systems journeyman assigned to the 33rd Maintenance Group. (U.S. Air Force photo/Shannon Collins)

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doesn’t gray out – your focused on pulling Gs – on to strain. When you’re can now go up to 7 or 8 Gs. With the new suit you by experience and can de- lots acclimate to the Gs about a G and a half of wearing the helmet. It’s There’s very little, if any, ‘helmet down on our heads. Then there’s ear helmet that is molded to cut-out foam insert for the heads and provides a laser met fit, there is actually a our visor as well.

Our helmets, there is actually a component on there,” said Pelkington also talked about the differences the F-35 helmet is that everything is that the F-35, there’s no mission degradation. When a pilot ever get the best visual, full dome cov- 360-degree views, target set build-up, they have runways and very much repetition flying the airplane. I haven’t heard one pilot say it wasn’t the best simulator they’ve ever been in short of flying the airplane.

Roscoe Brown according to Renbarger laid that the helmet is that everything and whatever it’s all encompassed in the helmet and add the com- ponents on there,” said Pelkington. “With the F-35, it’s around impaired in the helmet. The cameras on the jet work in sync with the helmet and whatever the jet pulls up visually will be displayed on the visor in the helmet.”

very well that any, if maybe, we move our head around. We have a very well fitted and it feel great wearing the helmet. It’s very seamless to each individ- ual pilot.

Pelkington also talked about the difference between the traditional suit, which offers a G and a half of protection, to the one used by F-35 pilots. “Some pi- lots will sit on the plane showcasing state-of-the-art technology in the infrared spectrum. Over the airplane and work in the refueling aircraft. That can be displayed on our visual as well.

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HILL AIR FORCE BASE, Utah (AFNS) – With the U.S. government failing to pass a fiscal 2014 budget, all tuition assistance for classes starting on or after Oct. 1 will be suspended until further notice.

As a result, effective immediately, the ability to apply for TA through the Air Force Virtual Education Center is on hold.

"Airmen with approved TA for FY14 may incur debt with their school should they attend classes," said Kimberly Yates, the Air Force Virtual Education Center. "Students should take action to withdraw from their current class or pursue another funding source, such as the Montgomery GI Bill or the Post 9/11 GI Bill."

As information becomes available, it will be posted at www.af.mil and the AFVEC site, which can be accessed via the Air Force Portal.
It is ‘Rocket Science’

ATA engineers recently volunteered their rocket science expertise at the Polly Crockett Festival in Cowan. Engineers assisted young rocket scientists in building and launching straw rockets at the ATA Build & Fly a Rocket Contest. Sponsors for the contest included ATA, AEDC STEM, the Society for Maintenance & Reliability Professionals (SMRP), the Tennessee Society of Professional Engineers (PE), the American Institute of Aeronautics and Astronautics (AIAA), the Air Force Association (AFA), the International Society of Automation (ISA), the International Test and Evaluation Association (ITEA), the American Society of Mechanical Engineering (ASME) and the Project Management Institute (PMI) (Photo by Lynn Moran).
Air Force intern: ‘I have never felt less disabled’

By Michele Eaton

WASHINGTON (AFNS) — Natalie Labayen may look fine on the outside, but inside, a battle wages.

A senior at George Washington University and intern with the Air Force, Labayen was diagnosed with an autoimmune disease in 2011, an ailment that some days leaves this 23-year-old in severe pain. Basically, an autoimmune disease develops when the immune system sees healthy body cells as foreign and attacks them. Depending on the type, the disease can affect the body in many ways.

Daily pain is one of them. Emotional strain is another.

Since being diagnosed, Labayen said confidence is tough to feel some days, but she’s not at all shy about her ailment. Sharing, she said, actually helps her deal with it.

“As a disabled student, especially one who only recently (became) ill, confidence is sometimes hard to muster,” she said. “You are frequently told how ‘inspiring’ you are while not being given opportunities to act on it.”

LaBayen said the Air Force did the exact opposite, giving her an outlet to showcase how a disabled person can be more than an inspiration to someone, but can be a productive member of a team.

She was so productive that earlier this year LaBayen was awarded the Department of Defense Judith C. Gilliom Award at the 2013 Workforce Recruitment Program awards ceremony for her work in the Air Force Diversity Office at the Pentagon.

Her boss, Dr. Jarris L. Taylor, Jr., heads the service’s effort to improve diversity and further an environment of dignity, inclusion, and respect in the workplace.

With that charge, it seems Labayen landed in the right place.

“Thank you for allowing me to grow and to actually feel valuable and appreciated for the outcome I produced,” she said.

“Thanks to my amazing mother, my career advisor at the George Washington University, and the [Workforce Recruitment Program] family, I will be able to let myself be famous, and not do it as a ‘disability.’ In fact, I have never felt less disabled.”

The WRP is a recruitment and referral program that connects federal and private-sector employers nationwide with disabled college students and recent graduates. Since the program’s expansion in 1995, more than 6,000 students and recent graduates have received temporary and permanent employment opportunities.

“This program is an opportunity to directly contribute to the nation’s efforts and our Air Force diversity priorities to institutionalize, attract, retrain, develop, and retain a highly qualified diverse and inclusive total force,” Taylor said. “My vision is that the Air Force becomes the preeminent employer of choice. By highlighting our various diversity and inclusion outreach programs and initiatives, such as the WRP, we must continue to communicate that diversity is a military necessity.”

For the 2014 WRP, interviews will be held this fall. Qualified students can obtain interviews by working with their college’s career advisors. For more information, candidates and hiring managers can visit www.wrp.gov or email questions to ability@osd.mil.
Government Tip Card

DID YOU KNOW?
• The Federal Government faces an average of 15,000 cyber attacks on its networks per day. 1
• Information security incidents at 24 federal agencies have increased 650% during the past five years due to a combination of more numerous threats and persistent shortcomings in security controls. 2
• In 2010, 55% of security staff members within state governments identified accidental breaches of information originating from inside the enterprise, including the loss of unencrypted lap tops and hard drives. 3

SIMPLE TIPS
• Lock and password protect all personal and company-owned devices including smart phones, laptops, notebooks, and tablets.
• Regularly scan your computer for spyware and keep your software up to date.
• Dispose of sensitive information properly.
• Do not provide personal information or information about your organization, including its structure or networks, unless you are certain of a person's authority to have the information.

RESOURCES AVAILABLE TO YOU
• USCERT.gov
  o The United States Computer Emergency Readiness Team’s (US-CERT) has a desktop software tool to assess control systems and information technology network security practices.
• NIST.gov
  o The National Institute of Standards and Technology (NIST) Computer Security Division Computer Security Resource Center (CSRC) provides computer security resources and oversees the national guidance on setting the security configuration of operating systems and applications.
• MSISAC.org
  o The Multi-State Information Sharing and Analysis Center (MS-ISAC) comprises members of all 50 states, local governments, and U.S. territories and districts, and provides downloadable awareness materials including newsletters, posters, booklets, and briefings.

IF YOU’VE BEEN COMPROMISED
• Notify your organization and the authorities.

Stop.Think.Connect. is a national public awareness campaign aimed at increasing the understanding of cyber threats and empowering the American public to be safer and more secure online. The Campaign’s main objective is to help you become more aware of growing cyber threats and arm you with the tools to protect yourself, your family, and your community. For more information visit http://www.dhs.gov/stopthinkconnect.

References:
3. Deloitte-NASCIO Cybersecurity Study, 2010
Being Mobile: Online Safety and Security

Keeping Airmen healthy and informed through Operation Supplement Safety

People increasingly connect to the Internet outside of their homes and offices, enjoying technological innovations and the convenience and connectedness it brings. With smartphones and other portable devices giving us the ability to conduct everyday activities such as mobile banking, online shopping, teleworking, and social networking, cyber criminals are constantly looking to take advantage of insecure wireless networks, third party applications, and texting to acquire personal information.

According to the U.S. Computer Emergency Readiness Team (US-CERT), many of the safety practices that are used to guard home and work computer systems apply to your portable devices as well. They include:

- Restricting access to your wireless network, by only allowing authorized users access to your network.
- Changing any pre-configured default passwords to ones that would be difficult for an outsider to guess.
- Keeping your anti-virus software updated.
- Using caution when downloading or clicking on any unknown links.

One of Airmen report using legal body building supplements and one in six report weight loss supplements in the past year, said Col. (Dr.) John Oh, the chief of health promotion for the Air Force Medical Support Agency. Bodybuilding and weight loss supplements, as well as dietary supplements for diabetes, are high-risk categories that should raise red flags.

Ephedra is a caustic derivative of epinephrine, a trade name for the drug ephedrine. Ephedrine is a stimulant and vasoconstrictor. It is used as a decongestant, as an appetite suppressant, and as an ingredient in some herbal supplements.

In addition to the things you can do on your own, DoD works with other federal agencies and branches to help provide the public with information on how to better educate themselves to the threat of cyber criminals. The White House: The Comprehensive National Cybersecurity Initiative (CNCI) consists of a number of mutually reinforcing initiatives designed to protect the United States from various cyber criminal threats. A dimension of CNCI, the White House developed a Digital Strategy to guide the Federal Government on protecting information while using mobile devices.

- The White House: The Comprehensive National Cybersecurity Initiative (CNCI) consists of a number of mutually reinforcing initiatives designed to protect the United States from various cyber criminal threats. A dimension of CNCI, the White House, developed a Digital Strategy to guide the Federal Government on protecting information while using mobile devices.
- The General Services Administration: The GSA provides information to help individuals and businesses comply with mandates and guidelines for cybersecurity products, services, and solutions.
- Department of Defense (DoD): With the release of a mobile device strategy and a Commercial Mobile Device Implementation plan, the DoD is committed to keeping Americans safe online, no matter their location.

At AEDC, ensure individual awareness and compliance with AEDC DoD Information Assurance requirements while using DoD information systems and network resources, including standalone systems. Ensure employee and visitor compliance with prohibited devices and actions. Ensure all personnel accessing AEDC DoD information systems have the proper background investigation and IA training prior to authorized access.
one of the best-selling author Jeff "the Wright brothers."

"I was running I was thinking about the very low frequency communications can be bypassing the satellite communication system into other platforms until such time as a replacement system far into the foreseeable future."

"B-2 Spirit bomber flies across an open stretch of sky. The B-2 Spirit is a multi-role bomber capable of delivering both conventional and nuclear munitions. (U.S. Air Force photo/Gary Ell)

"B-2 undertakes communications upgrade."

**B-2 Spirit**

**By Airman 1st Class Joseph Raatz**

**Air Force Global Strike Command Public Affairs**

**BARKSDALE AIR FORCE BASE, La. (AFNS) — After a 20-year wait, the B-2 Spirit will receive a significant new communications upgrade.**

The first increment of the Common Very Low Frequency Receiver, or CVR, program was designed to be a more reliable means to receive presidential force direction via very low frequency communication systems that are currently in development.

The original system was developed in 1992 because of budget constraints.

"CVR Increment 1 will provide the B-2 aircrew with an improved, more reliable means to receive presidential force direction via very low frequency communication systems that are currently in development," said Gary Doolittle, Air Force Global Strike Command B-2 requirements.

Currently, the B-2 uses an ultra-high frequency communications system to fill that need. However, the Military Strategic Tactical and Relay, MILSTAR, satellites that facilitate that communication for the end of their operational life, Doolittle said.

The upgraded communication system would allow the B-2 to receive very low frequency signals broadcast off of lower levels of the atmosphere, bypassing the satellite relay. This would ensure the B-2 remains a viable nuclear platform until such time as a replacement system for current satellite communications can be deployed.

The CVR Increment 1 program reached its milestone on July 23, which authorized the program to enter the Engineering and Manufacturing Development Phase and begin Engineering Manufacturing contracts. During this phase, the program will develop the VLF communications system, complete Spectral Interference analysis, and test on the B-2’s de-tried and executable manufacturing process, and ensure operational suitability, Doolittle said.

Though CVR Increment 1 is designed purely for use on the B-2 Spirit, a proposed second increment would expand the system into other platforms such as the B-52 Stratofortress and the E-8 joint Airborne Command Post, Doolittle said.

"Increment 2 would provide a broader set of non-nuclear capabilities across the entire airborne nuclear command, control, and communications forum," he said, adding that Increment 3 requirements and acquisition strategies are currently in development.

"With CVR Increment 1 now reaching milestone B-2, the program is on-track to begin fielding in 2017. The capabilities it brings will help ensure the B-2 will continue to be a premier weapon system far into the foreseeable future.

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Fall Canyon Cruise Set for Nov. 3

- Join Outdoor Recreation to see the beautiful sights of the Tennessee River, as they travel to Chattanooga’s Riverfront Parkway. The Fall Canyon cruise lasts approximately four hours and includes a meal of pulled pork with coleslaw. The cruise departs at 10 a.m. and returns at approximately 2:30 p.m. Cost is $50 per adult and $25 for all ages; cost is $90 per person. Remember to bring your camera whenever you go sightseeing by the river.

- Call 454-6908 by Oct. 20 to sign up for this trip. The trip must be at least 12 people to go and no more than 50. Cancellations after Oct. 27 are non-refundable.

Holiday Bazaar

- Returns Nov. 19

- A mold Lakeside Center will hold a Holiday Bazaar in the training rooms of building 100, 8 a.m. to 3 p.m., Nov. 19. A wide variety of vendors may sign up to have a booth space.

- No food, alcohol, or items of low taste will be allowed at the event. Booth space is $10 per day and includes one table and a chair.

- Services is responsible for any items left unattended. Sign up for booth space by Nov. 12 (454-3350)

Racquetball Tournament held at Fitness Center Nov. 4-8

- Racquetball is to be determined coming to the Fitness Center and a private firm in no way connected with the U.S. Government, the Department of Defense, the Department of the Air Force or ATA.

- The Tullahoma News publication for members of the U.S. military services. Contents of this supplement are not necessarily the views and opinions of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Air Force or ATA.

- Arnold AFB, Tenn.

- Supplement to High Mach Vol. 9, No. 10 October 14, 2013

- Arnold AFB Services Information, Tickets and Travel

- The Gatby Event and Chili/BBQ Cookoff events have been cancelled for October.

- 2013-2014 Walt Disney World Salute Promotion starts now. A mold Air Force Base is pleased to announce the 2013-2014 Walt Disney World Salute Promotion! Three and four day tickets are available for order at theITT office located at the Arnold AFB Lakeside Center. Walt Disney World has a number of new rides and attractions waiting to be explored this year. The Princess Fantasy Hall is scheduled to open in the fall of 2013. There is always a special something to visit Walt Disney World. Now eligible service members (active or retired members of the U.S. Military, including members of the National Guard and Reservists), active and retired members of the united States Coast Guard can save up to 52% through this promotion. Tickets can be ordered in two business days. Call 454-4003 for more information.

- Air Force Services Club Member Drive now through Dec. 31. Everyone who joins any Air Force club during this time will receive three months free dues, be enrolled in the free cash back reward program, and receive an instant win scratch off ticket worth $5-$100. Existing members who sign up now members are eligible for referral bonuses. For each referral that signs up for club membership, individual will receive a $5 coupon good for food that may be used at Café 100. All fire members can sign up by calling 454-3350.

- Check us out on Facebook! Arnold AFB Services

- Arnold Lakeside Center 454-3350

- Arnold AFB Services Information, Tickets and Travel

- Arnold Golf Course 454-GOLF, 454-FOOD

- Check us out on Facebook! Arnold AFB Services Arnold Lakeside Center Arnold AFB Services Information, Tickets and Travel

- Mulligan’s Grill is open 10:30 a.m. to 2 p.m. Monday through Thursday, 7 a.m. to 2 p.m. Saturday and Sunday. Call ahead orders for dine in or carry out, 454-FOOD (6633).

- Sausage and beverages available.

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Fitness Center and Yoga and Cycling classes may still be suspended, please call 454-6440 for more information.

Winter Hours begin November 1:

OVR - Tuesday-Saturday 10 a.m.-5 p.m.
GC - 8 a.m.-4:30 p.m.

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Fitness Center Yoga and Cycling classes may still be suspended, please call 454-6440 for more information.

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Wednesday

FC Interval Class 6 a.m.
FC Yoga Class 6 a.m.

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Friday

FC Interval Class 6 a.m.
FC Yoga Class 6 a.m.
FC Cycling Class 6 a.m.

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November Movie Schedule

Nov. 7 - "Turbo," rated PG (1 hr. 36 min.) starring Ryan Reynolds, Paul Giamatti and Maya Rudolph. A freak accident might just help an everyday garden snail achieve his biggest dream - winning the Indy 500.

Nov. 14 - "Percy Jackson Sea of Monsters," rated PG (1 hr. 46 min.) starring Logan Lerman, Alexandra Daddario and Brandon T. Jackson. In order to restore their dying safe haven, the son of Poseidon and his friends embark on a quest to the Sea of Monsters to find the mythical Golden Fleece while trying to stop an ancient evil from rising.

Nov. 21 - "Planes," rated PG (1 hr. 31 min.) starring Carlos Alazraqui, Dane Cook and Stacy Keach. A cropdusting plane with a fear of heights lives his dream of competing in a famous around-the-world aerial race.

Nov. 28 - NO THURSDAY MOVIE
The agenda for the Nov. 5 meeting of the AEDC Woman's Club will be three secret shoppers and the ‘wares’ they have found for their $50. The interesting items will be on display, and the ladies in attendance will be able to vote on their favorite shopper. What did they buy? Table decorations, fancy clothes, jewelry, dishes or something secret? Come join us and you will find out!!! The votes will then be presented for a silent auction purchase. A special program will also be presented along with the shoppers. The Social Hour of the meeting starts at 9:30 a.m. at the AEDC Lakeside Center, with the business meeting and program at 10 a.m. Hope to see you there! Reservations and cancellations for the Nov. 5 meeting must be made by noon Oct. 30. You may make reservations or cancellations by contacting Liz [fill in the name] at 393-2552 or [fill in the name] at 636-4152 or dickanjane@comcast.net.

Gossick Leadership Center 454-4003

Outdoor Rec 454-6084

Check us out on Facebook! Arnold AFB Services Gosick Leadership Center

Did you know ODR now has disc golf? Disc golf is a flying disc game in which individual players throw a flying disc as a target. Much like different clubs in a golf bag have different tops for different distances, the object of the game is to traverse a course from beginning to end in the fewest number of throws of the disc. The ODR course targets are portable so course location may change. Initial plans are to begin in the softball outfield behind the ODR building. Players may play for free with their own discs or rent discs from ODR for $10. There are different sizes and weights of discs much like different clubs in a golf bag to better serve the needs of the desired target. For more information on disc golf call ODR at 454-6084.

Winter rates now available at Fancamp. Starting Nov. 1, RV sites at Fancamp will be $12 per night, and $30 per month. Tent sites will be $6 per night. These rates will continue through May 1.

A archery Basics Class will be held at the Outdoor Rec building at 9 a.m. on Nov. 23. Individuals will learn how to properly hold a bow, correct shooting technique and archery history. There must be at least 15 to host the class and maximum class size is 12. The cost is $15 and is open to all ages. Call ODR to reserve your spot by Nov. 22.

Introduction to Fall Camping class starts on the afternoon of Nov. 15 lasting through the end of Nov. 16. This class will teach setting up camp for those cool fall nights, keeping a safe camp fire, fire safety, first aid, and proper teamwork toward the end of the day. We will enjoy campfire treats including s'mores, fire roasted hot dogs, and stories through the evening. We will also be teaching how to make easy to carry snacks for hiking or fishing while on a fall outing. Cost is $10 and you must sign up by Nov. 13 by calling 454-6084.

One-on-one Recreation is on the move again with a trip to Fiery Grizzard Trails in beautiful Tracey City, Tennessee. We will be hiking the trails up the gorge. There are light and intermediate trail areas. Shoes with ankle support and deep tread are advised to prevent any injuries. Anyone wishing to ride along can inquire with ODR at 454-6084.

Outdoor Rec inflatables! There is an assortment of inflatables for almost any age group. We have a huge backyard obstacle challenge measuring 40’ x 10’ x 33’, a double lane jump done for only $50 per day and a Rocket Bounce House for $75 per day. If you need a water slide then the other 38’ Double Rodeo DropDry slide will be great for any event and is only $50 per day. Please contact Outdoor Rec at 454-6084 to make your reservation today!

Teambuilding Facilitation now available through Outdoor Rec. Book your team building event at least two weeks in advance and customize your activities to include leadership, communication, trust, conflict resolution and more. Our kit has 289 activities and can serve up to 120 participants. Large group challenges can accommodate up to 60 people. This equipment must be facilitated by an Outdoor Rec staff member and is not available for rent for private use. Department of Defense organizations may utilize the program for free. All others have the option of half day (4 hours) for $250 or full day (8 hours) for $100. Call to find out more information or book your team building event.

Reservation Policy: FanCamp, Crockett Cove and Dogwood Ridge reservations made in advance for active duty and reserve military. 14 days and 30 days for all other qualified personnel. Reservations may be made 15 days in advance for active duty and 10 days for other eligible individuals. All reservations are made through the Outdoor Rec by calling by drop-in or 454-6084.

Reservations for Wings Inn can be made 120 days in advance. Room rates start at $56.00 per night. Please call 454-3051 for reservations.

Wings Inn right-sizing implemented. Lodging rates have been altered as of Oct. 15. VQ’s are now $56.95, and ODR & Q’s cost $38.75/twight. Also changing at the Wings Inn is the number of rooms available. Rooms, Beginning Nov. 1, rooms will reduce from 38 to 22. Due to historical occupancy rates, the reduction will virtually transparent to the customer as we will still be approximately 88% occupied. Rooms will still be available for the Space Available traveler. Wings’ long standing customer base. While Wings Inn will face slight alterations, there is absolutely no plan to close the facility, nor change the operation, with the exception of the 14 room downtown Wings Inn and the Services team strive to provide the best service and facilities possible to our guests and Arnold community, while meeting budgetary constraints. We are pleased to say that impact will be minimal, even if noticed by our customers, as staffing and service will remain exactly the same.

Gossick Leadership Center 454-4003

Check us out on Facebook! Arnold AFB Services Gosick Leadership Center

The Gosick Leadership Center (GLC) may be used for events such as meetings, trainings, banquets, dinners, and is booked by our staff. Meetings and program at the GLC may be used. Department of Defense organizations may be utilized with CCM approval. For more information contact the Services Director or a CCM.

Wingo Inn 454-3051

Check us out on Facebook! Arnold AFB Services Win"Go Inn

Wingo Inn 454-1020

Gossick Leadership Center 454-4003

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