



HIGH MACH

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April 18, 2016

Testing at AEDC assists in further integration of the Advanced Short Range Air-to-Air Missiles

By Deidre Ortiz
ATA Public Affairs

In February, missile manufacturer MBDA announced that the first Advanced Short Range Air-to-Air Missiles were delivered to the U.S. for integration and testing on the F-35 Joint Strike Fighter Lightning II.

Store separation testing of the Advanced Short Range Air-to-Air Missile has been conducted in the wind tunnels at AEDC. Separation testing of the ASRAAM, also known as the AIM-132, with the F-35 was last performed in the 4-foot transonic aerodynamic wind tunnel at the Propulsion Wind Tunnel facility in 2008.

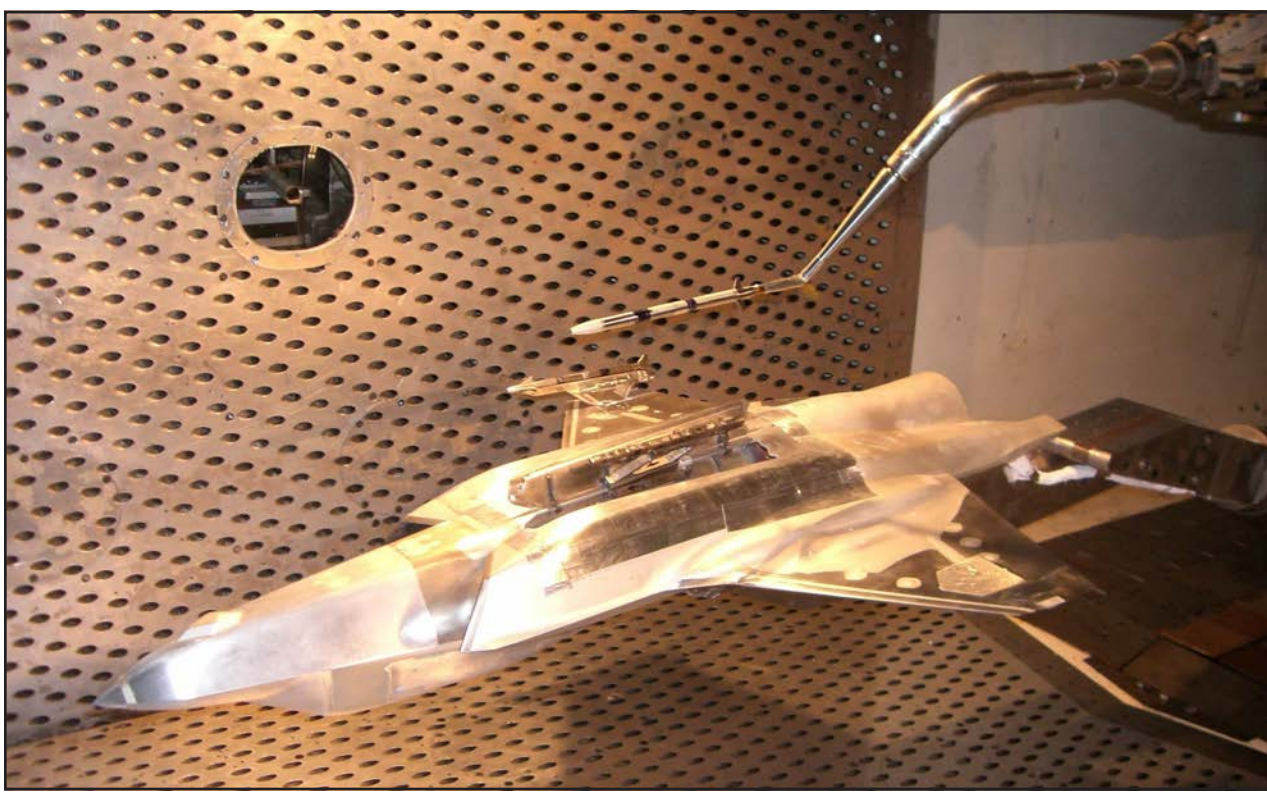
The objective of the test was to investigate the separation characteristics of several armaments, which included the AIM-132 as well as the AIM-9X, AIM-120C,

AGM-154 Joint Stand-off Weapon, GBU-32 (1,000-pound Joint Direct Attack Munition) and Paveway IV, from internal and external weapons stations of the Short Take-off and Vertical Landing and Carrier Variant versions of the JSF aircraft.

Test data included store freestream, pseudo-freestream (i.e. aircraft model in tunnel), aerodynamic grid, captive trajectory and captive loads.

Results from the test have supported internal and external weapons separation characteristic evaluations and structural analyses for various aircraft weapons loadings.

According to the recent release by MBDA, the ASRAAM is intended for the Royal Air Force and Royal Navy's F-35Bs and will provide British Lightning IIs with a "highly capable, passive,



Separation testing of the ASRAAM, or AIM-132, was conducted in the 4-foot transonic aerodynamic wind tunnel at the AEDC Propulsion Wind Tunnel facility in 2008. Pictured is a test model of the F-35 with AIM-132 separating from the weapons bay. (AEDC photo)

within visual range air-to-air capability."

Integration and test efforts at Edwards AFB, Calif., and Naval Air Sta-

tion Patuxent River, Md., will include captive carry and safe-separation tests that will eventually lead to live shots against rep-

resentative targets. The ASRAAM integration is anticipated to be a step toward the RAF and RN declaring initial opera-

tional capability with the F-35 by end of 2018. The UK has committed to purchasing at least 138 of the strike fighters.

Winton receives national award for AEDC natural resource conservation management



AEDC Wildlife Manager Wes Winton (left), with the Tennessee Wildlife Resources Agency, recently received the 2016 National Military Fish and Wildlife Association Award for law enforcement in support of the Natural Resource Conservation Management on Department of Defense lands. Winton is pictured with AEDC Natural Resource Manager Shannon Allen who nominated him for the award. (U.S. Air Force photo/Holly Fowler)

By Raquel March
ATA Public Affairs

Wes Winton, a wildlife manager with the Tennessee Wildlife Resources Agency, received the 2016 National Military Fish and Wildlife Association Award for law enforcement March 17 in support of the Natural Resource Conservation Management on Department of Defense lands.

He was recognized during the NMFWA Workshop awards banquet in Pittsburgh, Pa.

Winton, who manages the AEDC Wildlife Management Area which includes 32,000 acres, was

nominated by Shannon Allen, AEDC Natural Resource manager.

Winning the award was an unexpected honor for Winton.

"When Shannon Allen called me a few months ago to inform me of receiving the award, I was surprised that I had even been nominated and ecstatic that I had won it," Winton said. "I am honored and humbled to receive such a prestigious award. The award speaks highly of the long-standing relationship between Arnold AFB and TWRA, and [it] is evident that the partnership is working very well."

Allen stated that Winton's law enforcement management at AEDC included actions such as the investigation of walnut tree thefts for market resale; investigation of gate destruction and trespassing on federal property; and investigation of accidental electrocution of a federally protected bald eagle. Additionally, he provides officer support on Wood's Reservoir and Arnold roadways and other efforts as needed.

"Wes keeps everyone safer by supporting our Protective Services and protects Arnold AFB natural resources by educating constituents and enforcing

game laws," Allen said.

Recreational visitors and hunters of deer, turkey, waterfowl and small game visit the AEDC Wildlife Management Area throughout the year. Winton's management of the area ensures visitors have an enjoyable experience, and he views his job as a "dream job."

"I have a job that gives me the opportunity to help take care of and work in God's creation every day," Winton said. "The duties of a Wildlife Manager are many and the tasks are varied which is the most enjoyable part of the job;

See WINTON, page 3

Mississippi State AIAA chapter tours AEDC

After attending the American Institute of Aeronautics and Astronautics conference in Huntsville, the AIAA chapter at Mississippi State University made a tour at AEDC April 6 to tour the different test facilities and learn about the wide array of job opportunities available at the Complex. For their first stop on base, the group was welcomed by Dr. Mark Mehalic, executive director of AEDC. (U.S. Air Force photo/Holly Fowler)



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HIGH MACH

Arnold Engineering Development Complex
An Air Force Test Center
Test Complex

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**Core Values**

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- Service before self
- Excellence in all we do

**Vision**

"ATA will be a trusted partner in delivering best value warfighter support and assert stewardship to AEDC"

Core Values

- Be accountable for our own actions
- Ensure the safety of individuals and equipment
- Demonstrate the highest integrity and ethical standards
- Communicate clearly and openly
- Deliver professional and technical excellence
- Nurture, enable and treat people fairly
- Align with customer goals and objectives
 - Use disciplined and innovative processes
- Continually improve in all that we do

Adapt and overcome

By Staff Sgt. Lealan Buehrer
182nd Airlift Wing Public Affairs

PEORIA, Ill. (AFNS) – My firstborn child recently turned 2 months old. Amidst the irresistible joy of having a new little buddy, I look back over these last eight weeks and wonder how my spouse and I survived.

I am a writer, but there are no words I can find adequate enough to describe the terror of sleeplessness that was brought down upon us. Remember doing dorm guard duty in basic training? It was kind of like that but instead of one shift a week, we had to be awake every two hours, every night. No weekends. No sleeping in. Pure torture.

There were times – exaggerated by the fog of exhaustion – when I honestly thought my body was going to give out, and I would simply die. Don't judge. You either know what I'm talking about or maybe someday will be in for the same surprise.

There was no option; the little guy completely depends on his mommy and daddy to survive. That is the mission – to keep him sustained and thriving as efficiently as possible. Military instinct made it clear: I had to adapt and overcome. But how?

Air Force Chief of Staff Gen. Mark A. Welsh III said the well-being and care of ourselves, each other and our families is the focus of Comprehensive Airman Fitness. It's about mental, physical, social and spiritual wellness. That is where I started. Yes, I referenced an Air Force doctrine to apply at home – because it works.

Coping was the first step to everything else. It really helps to just acknowledge that yes, I am going to be beyond tired; no, I am not going to feel rested; and no, it is not going to feel good. When I remember to focus on that situational awareness, it somehow doesn't burn me out quite as badly when the baby alarm sounds off at o-dark-thirty in the morning. Having that mindful-

ness helps work through the frustration when the baby projectile pukes everywhere, hoses down the walls or goes nuclear on a fresh diaper.

I do not get it right every time, but every success is a success, and it helps.

I am a big cardio person. My day does not feel right if I don't get a good 45 minutes in at the gym in the morning. In this new world of exhaustion, burning calories at the gym may sound counterproductive. On the contrary, the physical fitness helps keep me mentally fit. Being able to test my endurance while blasting some tunes is my meditation. Getting back into a routine of good nutrition was just as important. It is convenient to pop a carb-loaded pizza or lasagna in the oven, but it is not what my body needs. Sometimes the easier option in physical fitness is not the best option.

Sustaining those healthy habits post-baby takes extra work and I will never be perfectly consistent, but every good day helps.

We had tons of support

from family and friends, but I was not expecting my fellow Airmen to ask how the family was doing every time they saw me. When I'm walking the halls like a lost zombie, that simple communication and connectedness makes a difference. Not only do they let me unload the weight of the struggles, but I also get good advice because most of them have been there and done that. That's teamwork.

It is not just ears to listen and a reminder that they are thinking about my spouse and me. It is a social support from Airman to Airman, and every little bit helps.

Spiritual fitness covers such a multitude of areas in this experience. It is the underlying principle that motivates me in all the other areas. Spiritual fitness takes effort and choice just like any other aspect of Comprehensive Airman Fitness. What kind of parent am I going to be? I want to be the best parent a baby could ask for, so I try to pay attention to my attitudes and reactions under stress. I try to persevere when

weak, because it is all for the kiddo. Perspective is good fuel for a tired mind. It gives me a new sense of purpose to sacrifice my needs for his. I keep reminding myself that the complications of having a newborn are temporary, because it is true.

Part of spiritual fitness is finding that silver lining in what looks like only dark clouds. Obviously, it is not always easy to be spiritually solid and I do not always get it right, but every little win helps.

It may all sound like Par-enting 101 to the uninitiated, but I promise it hardly feels that simple in the moment. Life's challenges never do. That is why it is so important to practice mental, physical, social and spiritual wellness on a regular basis. That is why the Air Force built the Comprehensive Airman Fitness doctrine. You can never be ready for the trials life throws at you, but you can be prepared. In the meantime, what can you do to support your fellow Airmen's fitness during their struggles?

There's always a cost

By Lt. Col. Tim Purcell
50th Operations Support Squadron commander

SCHRIEVER AIR FORCE BASE, Colo. (AFNS) – My 5-year-old son recently lost his first tooth and was ecstatic to buy something with the money he received from the tooth fairy.

A couple days later, he counted out a few dollars from his piggy bank and asked if we could go to the store to buy a toy. On the way to the base exchange, he enthusiastically rattled off a half dozen toys he planned to buy with his money. I broke the news his \$5 would probably only buy one toy so he had to figure out which toy he wanted most.

I smirked as he painstakingly considered whether to buy a Star Wars activity book or a new action figure – a serious dilemma. Little did he know, I was trying to teach him an important lesson about prioritization.

As Air Force members, we face similar decisions all the time. There is simply not enough people, time or money to do everything we want, so we must constantly decide where to spend our limited resources in order to most effectively accomplish our dynamic mission. Our budgets are limited, there are only so many hours in the day, end strength is congressionally mandated (and not changing anytime soon), and new facilities take years to construct.

With that said, how do we accomplish all we're asked to do? It starts with the commander's intent (at every level) and leadership's clear

priorities, but it doesn't end there. As Airmen, we all have a responsibility to ensure our leadership makes informed decisions. But to do that, we must arm them with information.

When we're charged with a new priority and we tell the boss "no impact," we're failing to provide him/her with the full site picture. There is always an impact, but it takes some homework to uncover it. If we're going to fund a new project, what other project(s) will be delayed or canceled? If you take on a new task, what other duties are you not able to accomplish (either at all or not as well as you'd like)?

Years ago, my commander wanted to redesign and update the squadron's front office with new furniture, car-

pet, paint, etc. He tasked the squadron to make it happen. A few days later, I found out other facility improvement projects, some mission critical, had come to a stand-still while our team focused on the front office redesign. I informed him of these impacts and he immediately clarified the front office redesign did not "out-prioritize" our mission critical projects.

What I found interesting and alarming, was several members of our squadron understood the mission critical project delays but did not inform him. Likewise, his expectation was that the front office redesign would not impact our mission-critical projects and assumed squadron members would inform him if it did. We see this quite often; the boss asks us to do

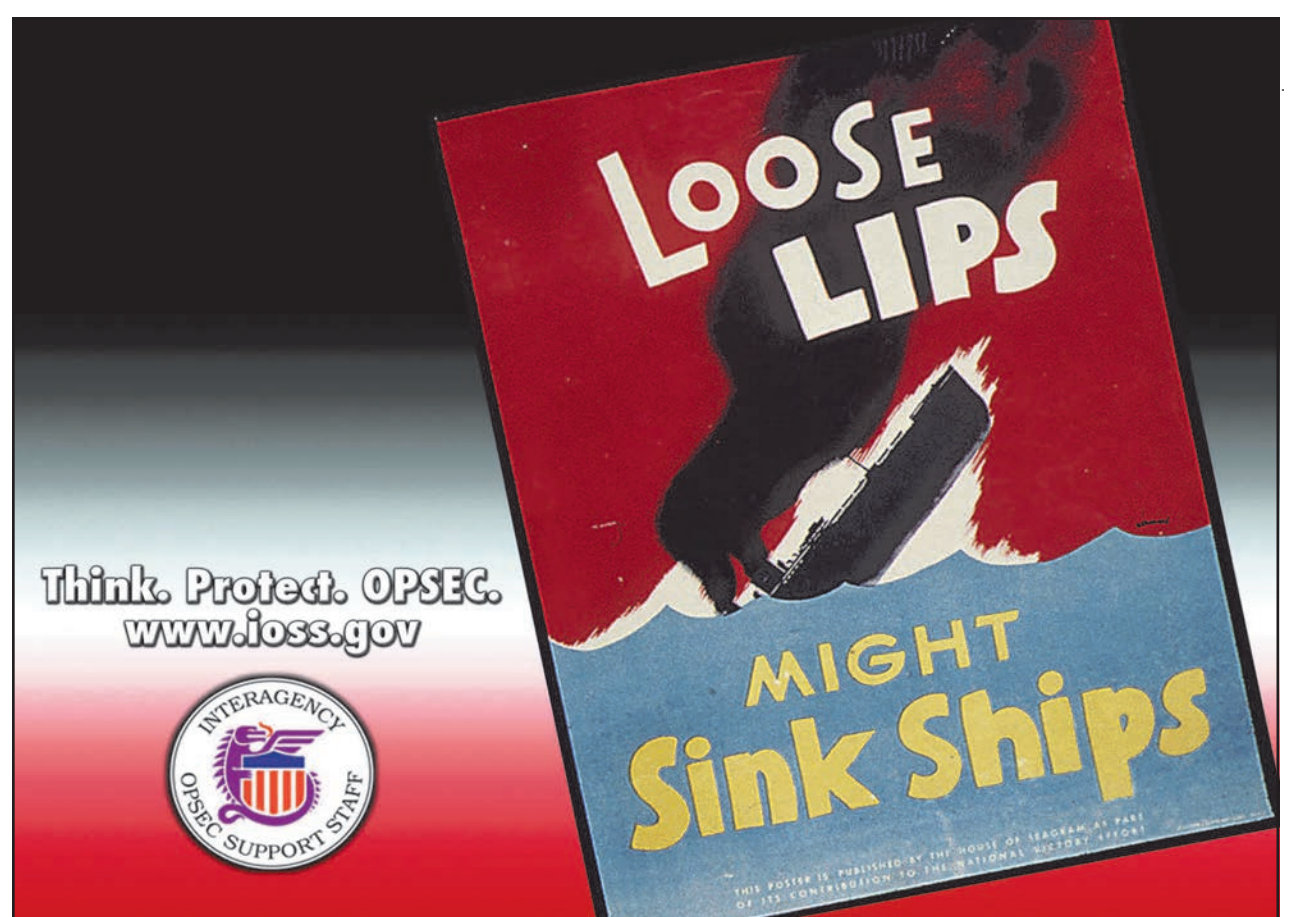
something and we do it without hesitation. After all, the boss sets the priorities. We're all wired this way, we just figure out how to get it done.

In our increasingly resource-constrained environment, that "get 'er done" mentality is not always sufficient. As leaders and supervisors, we have to clearly define our priorities. Likewise, as subordinates, we have to inform our leadership so they understand the true costs of the priorities they set.

Think about your own experience. Has your supervisor ever assigned you a hot task that impacted your ability to accomplish another key project or task? Did you explain these impacts to your supervisor? Did you just assume the hot task was now your No. 1 priority and

assume your supervisor accepted the impacts? Rarely do we take the time to ask these questions or engage in this dialogue with our leadership, but we should.

Perhaps your supervisor isn't aware that your key project will be delayed. Had he/she understood this impact, perhaps they would have assigned the hot task to someone else or decided the hot task wasn't so hot. Alternatively, they may simply thank you for informing them but decide to proceed with the hot task anyway. Either way, it's your responsibility to help your chain of command make fully informed decisions. If we embrace this mindset, we'll more effectively accomplish our mission, vision and priorities.



Smoking Policy

1. The following revised AEDC smoking policy is effective immediately. Smoking is permitted solely in designated areas identified by a plastic "smoke genie." This receptacle is for the sole purpose of cigarette butt disposal. If there is no receptacle, smoking is not permitted in that area. It is the responsibility of all smokers to clean up the area surrounding the receptacles for any cigarette butts on the ground. Smoking in government-owned vehicles is strictly prohibited. Personnel are allowed to smoke in their personal vehicles at any time. Smoking areas will be held to the absolute minimum and will be located in low traffic, low visibility areas away from points of building ingress/egress and air intakes. A map of all authorized smoking areas is available on the Team AEDC SharePoint site. Smoking near a facility in an area not designated on the map is prohibited and any smoking receptacles located in areas not shown on the map will be removed. All "smoking permitted" and "no smoking" signs will be removed unless specifically required by OSHA.
2. The fact a person smokes has no bearing on the number of breaks they may take. Breaks should be taken in accordance with the company/agency personnel policies that apply to all employees.
3. Smoking, including the use of electronic cigarettes and smokeless tobacco, is prohibited in any area, at times when official business is being conducted with government clients, test customers, outside visitors and dignitaries, and where official business is being conducted including conference rooms, auditorium settings, business meetings, or in any other area where Air Force regulations specifically prohibit use. Containers of tobacco waste product, including sealed containers, must not be left unattended or disposed of in trash receptacles. Users of smokeless tobacco must flush tobacco waste down the toilet. Due to the nature, appearance, and safety concerns of electronic cigarettes (also known as "e-cigs"), the use of said products will abide by the same rules for tobacco products stated above and governed by AFI 40-102, *Tobacco Use in the Air Force*.
4. Supervisors at every level will ensure this policy is followed. Disciplinary action is appropriate for repeated violations.
5. Updates to this policy will be made in the future to further align with Air Force guidelines.
6. This policy remains effective until rescinded. (This policy is dated December 20, 2013)

Action Line

Team AEDC

I believe in free and open communications with our Team AEDC employees, and that's why we have the Action Line available. People can use the Action Line to clear up rumors, ask questions, suggest ideas on improvements, enter complaints or get other issues off their chests. They can access the Action Line in one of two ways: via the AEDC intranet home page, and by calling 454-6000.

Although the Action Line is always available, the best and fastest way to get things resolved is by using your chain of command or by contacting the organization directly involved. I encourage everyone to go that route first, then if the situation isn't made right, give us a chance.

Col. Rodney Todaro
AEDC Commander

Local CyberPatriot teams receive high ranks in competition

By Raquel March
ATA Public Affairs

The CyberPatriot VIII program marked a 55 percent increase in team registrations this competition year and the Coffee County Central High School Air Force Junior ROTC Team 1 and the Civil Air Patrol Tullahoma Composite Squadron received high rankings among 64 teams in Tennessee.

The CCCHS Team 1 ranked second in the state in the All Service Platinum category and CAP-Tullahoma ranked second in the All Service Gold category. During the CyberPatriot competition, the teams were presented with finding and solving

security vulnerabilities in simulated cyber networks.

Within the United States and U.S. territories, 3,379 teams registered for the national competition which began with practice rounds in October 2015 and progressed to a series of online qualifying rounds.

The teams were cited in their awards for their outstanding technical skill, problem solving and teamwork. The teams' award certificates were signed by Bernard Skoch, Cyber Patriot national commissioner.

"The growth and expansion of the CyberPatriot program has been astounding and we couldn't be more proud to be in-

fluencing young people around the world to learn more about STEM education, specifically in cyber," Skoch said.

CyberPatriot is the national high school cyber defense competition created to inspire high school students toward careers in cybersecurity or other science, technology, engineering, and mathematics disciplines critical to the nation's future. CyberPatriot is open to all high schools, Civil Air Patrol Units, JROTC Units, U.S. Naval Sea Cadet Corps Units and accredited home school programs around the country.

CyberPatriot was established by the Air Force Association. The



The Coffee County Central High School Air Force Junior ROTC CyberPatriot team, pictured here, are ranked second in Tennessee under the All Service Division Platinum category among 64 teams. Shown left to right is AEDC Mentor Michael Glennon; Coach Maj. Dave Clontz; team members Chad Dunn and Ryan Conaway; Mentor Master Sgt. Jim Loveland; and team members Dawson Carlton, Clay Whitt and Cacye Plaisance.

Northrop Grumman Foundation is the presenting sponsor for CyberPatriot.

The AEDC STEM Center sponsors two CCCHS CyberPatriot teams and the Civil Air Patrol Tullahoma Composite Squadron.

No 'mower' accidents

By AEDC Safety

Whether you find lawn and garden work a relaxing task or a dreaded chore, taking proper precautions can prevent these activities from ending in an emergency room visit. According to a Consumer Reports poll, Americans often engage in risky behavior when it comes to mowing.

Results indicate 79 percent of consumers polled don't wear, or rarely wear, ear protection, 44 percent have damaged their mowers by running over an

object, 24 percent said they'd been injured while mowing and 12 percent said they drank beer while mowing. Considering these statistics, it's no wonder that every year thousands of lawn mower injuries are serious enough to require emergency room treatment.

There are simple steps everyone can take before operating mowers, leaf blowers, chain saws, tillers and other outdoor maintenance tools to ensure safe, productive results:

• **Get to your know tools.** Know how to

properly operate equipment, understand its limitations, and follow manufacturer safety instructions. Never remove, alter or disable safety devices and labels. Don't operate damaged or malfunctioning equipment.

• **Dress for the task.** Wear long pants, gloves, close-fitting clothes and substantial shoes (safety shoes are best). Wear ear protection that muffles damaging sounds without blocking sounds you need to hear. Remember: Effects of loud noise are cumulative, so a sound that's acceptable for a

couple of minutes could be damaging after an extended period. Protect exposed skin with sunscreen and wear a brimmed hat that provides shade. Shield eyes with protective goggles with UV protection. Remove jewelry; secure long hair that could get caught in rotating parts.

• **Keep your cool.** Take frequent breaks. Learn the signs of heat stress; stop work if you experience them. Stay hydrated with non-caffeinated, non-alcoholic beverages.

• **Pick it up.** Flying debris is the most common cause of yard work injury. Remove rocks, sticks, toys, hoses, sprinklers or anything else that may be

a hazard. Power mower blades spin 2,000 - 4,000 rpm, launching debris at speeds that can exceed 100 mph. String trimmers, leaf blowers and edgers can turn debris into projectiles that can destroy vision, break bones, or cause severe lacerations.

• **Clear the work zone.** Clear the area of people - particularly children - and pets. In a recent year, over 250,000 people - nearly 17,000 of them children - were treated for lawn mower-related injuries. Never allow children to operate a mower. And never allow anyone to ride on the mower you are operating.

• **Exercise yard tool common sense.** Never reach under the mower or into the discharge chute with the mower running. Don't use your feet to try to move a running mower.

• **Handle fuels carefully.** Move outdoors (out of shops and garages) to fill engines; fill up before you start and only refuel when equipment has cooled down. Don't spill when you fill. Store gas in an approved container in a cool ventilated area. Never smoke around flammables.

• **Turn off the engine and disconnect the spark plug wire** before attempting to unclog or work on outdoor power equipment. If leaving equipment unattended, turn off the engine and remove the key.

reach under the mower or into the discharge chute with the mower running. Don't use your feet to try to move a running mower.

AFMC promotes 'Be Active' physical activity challenge

By HQ Air Force Materiel Command Health & Wellness Team

WRIGHT-PATERSON AIR FORCE BASE, Ohio - During April and May, Air Force Materiel Command will promote its 'Be Active' Team Challenge. Be Active is a command-wide initiative designed to help the AFMC workforce increase physical activity levels and heighten awareness of proper back care. Participants will receive a FREE copy of the Mayo Clinic's "Wellness Solutions for Back Pain" DVD at this visit.

3) Perform physical activity and log your minutes on the <http://www.afmcwellness.com/> Activity Log from April 11 through May 24.

4) Attend the CHPS education class, "Building a Healthy Core" between April 11 and May 24.

5) Attend a BMI check-out between May 31 and June 10.

6) To be eligible for the completion award, participants will need to:

a. Enroll in the Be



Active Team Challenge b. Attend both BMI check-in and check-out c. Perform and log at least 720 minutes (12 hours) of physical activity d. Attend "Building a Healthy Core" class from CHPS staff

Participants who complete the Be Active Team Challenge requirements will receive a FREE Pressure Point Massage Roller from CHPS. Contact your physician before beginning any physical activity program to be sure it is safe.

For more information, visit <http://www.afmcwellness.com/> or contact your local CHPS team.

and eight years have been with Arnold. He, with his family, resides on the border of the base in a state owned property.

Winton has worked with TWRA for 15 years

there is a wide variety of tasks to be accomplished."

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BLOOD DRIVE

AEDC

April 27 - 29


Wednesday, 27th - A&E Bldg. 100

Thursday, 28th - PWT Bldg. 760

Friday, 29th - Main Auditorium 452

All times will be:
10:00 a.m. - 3:00 p.m.

For more information concerning blood donation, visit www.bloodassurance.org




Donors must be at least 17 years old (16 years old with parental consent) and weigh at least 110 pounds.

Donors will receive a snack and complimentary t-shirt and may be eligible to register for our monthly drawing.

For more information about donating blood, please visit www.bloodassurance.org.

- Your one donation can save up to 3 lives
- Each day, a minimum of 400 donations are needed in our area
- Blood Assurance is the sole provider of blood donations to more than 50 hospitals and healthcare facilities



facebook.com/bloodassurance
twitter.com/bloodassurance

WINTON from page 1

I am doing something different each day. From law enforcement to habitat management work to administrative duties,

Rock-It Run comes to AEDC Arnold Golf Course May 21

By Tanya Bryan
Arnold Services Division

AEDC Services is excited to announce Rock-It Run, a full day of activities for all ages, coming to Arnold Golf Course 11:30 a.m. to 6 p.m. May 21.

The day includes a kid's run and a 5K or 10K run plus other activities such as ladderball, Frisbee golf, cornhole, paintball; and for a small fee of \$5 or \$8, depending on age, FootGolf on Arnold Golf Course. FootGolf is similar to golf rules but played with a soccer ball. There will also be food and beverages available for purchase with Utopia rounding out the day with live music.

This day of fun is open to the public with something for runners and non-runners alike.

The kid's run is part of the Armed Forces America's Kids Run for ages five to 13. Held every May in recognition of Armed Forces Day, this event is supported around the world. There is no entry fee for this event and everyone registered will receive an

event t-shirt.

Registration is through www.americaskidsrun.org. From the home page, select the registration link on the left then select Arnold from the drop down and click on Get events.

Check in begins at 11:30 a.m. with the run starting at noon.

The 5K and 10K runs are for ages 14 and older with first place medal winners for both men and women in five age divisions – 14-19, 20-29, 30-39, 40-49, and 50 and older. Registration costs range from \$25 to \$38 depending on which race and how early you register. Everyone registered by May 1 will receive a moisture-wicking race shirt with logo. Include your shirt size during registration.

To register for the 5K or 10K go to itsy-ourrace.com and search Tullahoma, TN then click on Register. You can also click on the event title to get more details about the event, including course maps. Check-in for the 5K and 10K will be from 12:30 to 1:30 p.m. with a simultaneous start at 2

p.m.

The course will be on a closed and wooded roadway, which includes terrain of concrete, pavement and packed gravel. The America's Kids Run will be a 1/2 mile to 2 miles depending on age. The 5K will be once around the full course with the 10K going twice around. Times will be tracked electronically with the assistance of RACE Nashville and their Jaguar Timing System. This timing system uses a disposable chip attached to the runner's race bib. Live web results are available and there will be a kiosk on site where runners can print a receipt of their finish time.

After seeing the course, RACE Nashville race director Kenneth Radley said, "This is the kind of race course runners will love. It's closed to traffic, it's a wooded setting. Just beautiful."

Awards will be presented for the 5K and 10K runs beginning at 3:30 p.m. Once the ceremony is over Utopia will once again take the stage to finish out the

event.

Three-time GigMasters Best of the Year award winners, Utopia specializes in legendary old school R&B dance music, modern hits, selected classics, rock, jazz and blues standards delivered with a distinctive, dynamic sound. Utopia front man J.T. Northcutt said, "We are excited about playing this one. We are excited to be bringing quality entertainment to add on to a great new event."

Everyone is invited to enjoy the band, food, beverages and other activities throughout the day whether a runner or not. Services encourages runners to bring the whole family to support each other during the run events. Services also hopes that others will come just for the fun.

For questions, contact the Rock-It Run race organizer at 931-454-3367; Services Marketing manager at 931-454-3128; or Services Commercial Sponsorship coordinator at 931-454-3171.

Sponsorship opportunities are still available for this and many other Services events. Information is also available online by searching [#rockitrun](https://twitter.com/rockitrun).



Rock-It Run Schedule of Events:

11:30 a.m.	Event begins – activities, food, beverages America's Kids Run registration/check-in opens
Noon	Kids Run begins
12:30 p.m.	5K and 10K registration/ check-in opens
1-1:20 p.m.	Kids Run ends with awards/photos
1:30 p.m.	Final check-in call for 5K and 10K
2 p.m.	5K and 10K begin Utopia band starts
3:30 p.m.	Awards and photos for 5K and 10K
6 p.m.	Event ends



AS AN AIR FORCE CIVILIAN, WHERE CAN I FIND HELP?

We all face challenges, but we don't have to face them alone.

IF YOU NEED HELP WITH...

TRY THESE AGENCIES & THEIR RESOURCES

ALL EMPLOYEES

Suicide prevention
Mental health & substance abuse
Unplanned pregnancy
Health and Safety Education

National Suicide Prevention Lifeline (800) 273-8255
American Association of Poison Control Centers (800) 222-1222
Centerstone (931) 461-1300
Crisis Pregnancy Assistance Center (931) 728-6440
American Red Cross (615) 893-4272

MILITARY

Virtual extension of installation services
Health & wellness planning
Sexual assault & victim advocacy
Finances & work-life balance

Military One Source www.militaryonesource.com
AFMC Wellness Support Center www.afmcwellness.com
Health and Wellness Center (931) 454-6440
Sexual Assault Response Coordinator (931) 581-7494
Airman and Family Readiness Center (931) 454-4574

DOD CIVILIAN

Health & wellness planning
Work, personal or family issues

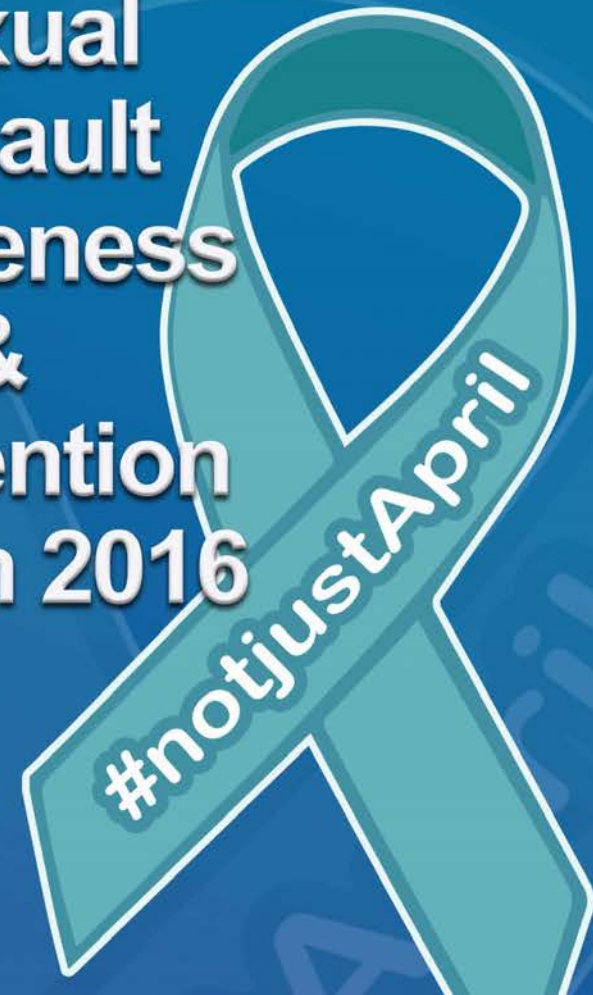
AFMC Wellness Support Center www.afmcwellness.com
Civilian Health Promotion Services (931) 454-6440
Employee Assistance Program (800) 222-0364
www.foh4you.com
Sexual Assault Response Coordinator (931) 581-7494
Victim Witness Assistance Program (931) 454-4567

ATA EMPLOYEES

Work, personal or family issues

Employee Assistance Program (866) 828-6049

Sexual Assault Awareness & Prevention Month 2016



- ◆ Eliminating sexual assault in the Air Force requires Airmen at all levels to be engaged all year, not just during April.
- ◆ Airmen are expected to embody the Air Force Core Values every day, whether on or off duty, uniformed or civilian.
- ◆ The Air Force has more than 110 SARCs, 70 full time SAPR victim advocates, 30 special victims' counselors and 9 special victims' unit senior trial counsels who dedicate 365 days/year to supporting victims and seeking justice. The Air Force is also in the process of hiring 92 specialists for primary prevention of violence across the Air Force. These dedicated helping agents are supported and empowered every day by 600,000 Total Force Airmen and civilians and their families.
- ◆ Airmen are the Air Force's best asset in preventing sexual assault. Professional, dedicated Airmen who take care of their Wingmen every day of the year will help eliminate sexual assault from our ranks.
- ◆ Commanders are charged with setting a professional atmosphere and enforcing the standards of conduct that make the Air Force a professional service at all times.
- ◆ Survivors of sexual assault deserve the support of the Air Force and their Wingmen every day.

Know your part, Do your part

B-52 Stratofortress joins coalition team



U.S. Air Force B-52 Stratofortress aircraft from Barksdale Air Force Base, La., arrived at Al Udeid Air Base, Qatar, April 9 in support of Operation Inherent Resolve, the operation to eliminate the Islamic State of Iraq and the Levant and the threat they pose to Iraq, Syria and the wider international community, and as needed in the region. The B-52 offers diverse capabilities including the delivery of precision weapons. (U.S. Air Force photo/Tech. Sgt. Nathan Lipscomb)

By Air Forces Central Command Public Affairs

AL UDEID AIR BASE, Qatar (AFNS) – U.S. Air Force B-52 Stratofortress aircraft from Barksdale Air Force Base, Louisiana, arrived at Al Udeid Air Base, Qatar, April 9, in support of theater requirements and Operation Inherent Resolve, the operation to eliminate the Islamic State of Iraq and the Levant and the threat they pose to Iraq, Syria and the wider international community.

“The B-52 will provide the coalition continued precision and deliver desired airpower effects,” said Lt. Gen. Charles Q. Brown Jr., the commander of U.S. Air Forces Central Command and Combined Forces Air Component. “As a multi-role platform, the B-52 offers diverse capabilities including delivery of precision weapons and the flexibility and endurance needed to support the combatant commanders’ priorities and strengthen the coalition team.”

The 19-nation air coalition consists of numerous strike aircraft and the B-52s will bring their unique capability to the fight against ISIL.

The B-52 is a long-range heavy bomber that can perform a variety of missions including strategic attack, close-air support, air interdiction and maritime operations.

Crews will be available to carry out missions in both Iraq and Syria as needed to support air tasking order requirements.

“The B-52 demonstrates our continued resolve to apply persistent pressure on (ISIL) and defend the region in any future contingency,” Brown said.

This deployment is the first basing of the B-52s in the U.S. Central Command area of responsibility in 26 years. The B-52s were based in Saudi Arabia supporting Operation Desert Storm. The B-52s were last flown operationally during Operation Enduring Freedom in May 2006, and during Exercise Eager Lion, a USCENTCOM-led multilateral exercise in Jordan, in May 2015.

The coalition conducted more than 33,000 airpower missions in support of OIR. Since the beginning of the operation, the



Airmen assigned to the 20th Expeditionary Bomb Squadron at Barksdale Air Force Base, La., inspect the bomb bay of a B-52 Stratofortress after arriving at Al Udeid Air Base, Qatar, April 9 to support Operation Inherent Resolve. The 19-nation air coalition consists of numerous precision strike aircraft and the B-52s will bring their unique capabilities to the fight against the Islamic State of Iraq and the Levant. The B-52 is a long-range heavy bomber that can perform a variety of missions including strategic attack, close-air support, air interdiction and maritime operations. (U.S. Air Force photo/Tech. Sgt. Nathan Lipscomb)

coalition struck about 459 vehicle-borne improvised explosive devices, 776 mortar systems, 1,933 logistics buildings housing these weapons, 662 weapons caches, and 1,341 staging areas.



Pictured left to right is Paul Haas, B-52 Program Office, Tinker Air Force Base, Druana Sanders, Booz-Allen & Hamilton, Inc., and Don Arrowood, B-52 Program Office, Tinker AFB, as they examine the B-52H model stores in the AEDC 16-foot Transonic wind tunnel between store separation test runs. The tests, conducted in 2011, contributed to increased capability for the B-52. (U.S. Air Force photo/Rick Goodfriend)

Malmstrom mechanics testing new bio-based vehicle oil

By Airman 1st Class
Magen M. Reeves

341st Missile Wing Public
Affairs

MALMSTROM AIR FORCE BASE, Mont. (AFNS) – Malmstrom Air Force Base is one of four bases across the service chosen to test out a new bio-based synthetic oil in its vehicles.

The experiment, being carried out by the 341st Logistics Readiness Squadron vehicle management flight, is headed by the Defense Logistics Agency and the 441st Vehicle Support Chain Operations Squadron from Joint Base Langley-Eustis, Va.

Team leads for the initiative visited Malmstrom AFB on March 22 for a briefing and to complete oil changes on six vehicles testing the synthetic oil. Team leads include an Airman from the 441st VSCOS, a project manager and project engineer.

“This is being sponsored by the DLA and Office of the Secretary of Defense, and we have a select number of bases that we have chosen random vehicles from to participate in this project,” said Senior Master Sgt. Joel Villarin, a 441st VSCOS team lead.

The synthetic oil would be more environmentally friendly because it is plant-based, which aligns with the Air Force’s initiative to utilize more eco-friendly materials and resources.

“From the Air Force perspective, we are pushing for an alternative fuel, more for an energy sufficient and environmentally conscious effort,” Villarin said. “Not having par-

ticipation could make or break the process.”

The proposed idea is that if the oil proves to be just as capable as the current oil being used, then the switch to the synthetic oil will be made Air Force wide, possibly even across the Defense Department.

Malmstrom AFB was the last base to begin the experiment, which began in January at Seymour Johnson AFB, North Carolina, according to Villarin. From there, the oil was placed into testing at Fairchild AFB, Washington, and Luke AFB, Arizona.

In an effort to keep the integrity of the testing, the bases chosen to participate are radically different in terms of either climate or vehicle use.

Seymour Johnson AFB is hot and humid, Fairchild AFB has the 336th Training Group where the search, evasion, resistance, escape school uses vehicles to transport trainees across rugged terrain, and Luke AFB is hot and dry, Villarin said. Malmstrom AFB puts a great deal of miles on its vehicles from travel to and from the missile field, as well as in snow and extreme cold conditions.

In addition to the Air Force, the Department of Homeland Security’s Law Enforcement Training Center has also begun testing the synthetic oil in operational vehicles.

“The responsibilities (for the participants) are to monitor the vehicle’s performance and to provide samples periodically so we can see exactly what the oil is doing to those engines,” Villarin said.

The testing period will



Airman 1st Class Michael Schulz, a 341st Logistics Readiness Squadron vehicle management flight mechanic, changes the oil of a government vehicle March 22 at Malmstrom Air Force Base, Mont. Schulz was one of two Airmen tasked with changing the oil of six vehicles which will be testing a new bio-based synthetic oil which could potentially help the Air Force’s initiative to use more sustainable materials and be environmentally conscious. (U.S. Air Force photo/Airman 1st Class Magen M. Reeves)

last for the next 12-18 months.

“There are three oil manufacturers providing the oil, balanced throughout the AF sites, so all three get the same amount of vehicles and variety to test the oil in the vehicles,” said George Handy, the project manager.

According to Handy, the bio-based oil is a full-synthetic oil produced from an agricultural blend including canola seed, soybean and synthetic petroleum.

“Bio-based motor oils are a huge drive in that they are providing new markets to the seed growers associations in the

United States,” he said. “These manufacturers are looking for additional outlets for their products and are creating stimulus jobs in the U.S. using domestic reproduced products.”

The oil developed is very stable and can uphold the current oil change mileage -- 7,500 miles -- used by the Air Force. The oil also has the potential to extend the mileage up to 10,000 in the future, Handy said.

“There shouldn’t be any change in the performance of any of the vehicles because they are already running on synthetic fuels,” he said.

For the testing phase,

Malmstrom AFB has provided six vehicles, two each from the 583rd Missile Maintenance Squadron, the 341st Operations Group and 341st Security Forces Group.

“We have a good variety of vehicles used to determine oil efficiency,” said Dave Maddox, a 341st LRS transportation specialist.

If the testing is successful, the bio-based oil will be made available to purchase through normal channels. That could mean using a more sustainable product that is domestically produced, ultimately improving national security by reducing dependency

on foreign oil.

“This allows (Malmstrom AFB) as an installation and (the Air Force) as a service to be able say that you are buying more green, sustainable products,” Handy said.

According to Brian Yallaly, the project engineer, providing samples to a third-party lab will determine how well the oil is sustaining and whether or not more miles can be added to the oil’s efficient life.

The vehicles being tested at Malmstrom AFB will all be under command of the 341st LRS vehicle management flight for oil changes.

Arnold Outdoor Recreation recognizes AEDC commander spouses through boat naming



The Services Outdoor Recreation department officially added two pontoon boats, the Karen T. and the Theresa, to the fleet during a christening ceremony March 30, at the Arnold Lakeside Center dock. The Karen T. was named after Karen Todaro, the wife of AEDC Commander Col. Rodney Todaro. The Theresa was named after Theresa Toth, the wife of former AEDC Commander, retired Col. Raymond Toth. Pictured left to right at the boat christening ceremony is: Lyle Russell, AEDC Services Community Program Coordinator; Todaro's daughter Audrey; Col. Todaro's wife Karen; and Theresa Toth. (U.S. Air Force photo/Emily Howell)

By Tanya Bryan

Arnold Air Force Base Services

Services Outdoor Recreation at Arnold Air Force Base has made a tradition of naming boats after current or previous commander's spouses.

Two new 22-foot pontoon boats were added to the ODR fleet with an official christening ceremony March 30 at the Arnold Lakeside Center. All base employees were invited to attend and witness as Karen Todaro, wife of current AEDC commander Col. Rodney Todaro, and Theresa Toth, wife of former AEDC commander, retired Col. Raymond Toth were honored and toasted as the most recent namesakes.

Guests participated at the ceremony in raising their glasses to toast to the Karen T. and the Theresa after hearing script of the tradition of vessels being named after women and referred to as "she" when set to water. The narrative continued, on a more lighthearted note, with more specific relevance to ODR rental boats.

"The moods of the waters of Woods Reservoir can be many, just like the Outdoor Rec staff that works here, from tranquil to rough. We ask that these vessels, and their caretakers, be given the strength to carry on and the foresight to remember to change the oil in a timely manner. May their rudders be strong and may they keep out the pressures of Woods Reservoir.

"We also ask the sailors of old and the mood of the lake to accept the Karen T. and the Theresa, to help them through their passages and allow them to return with their crew safely, which will help avoid a lot of safety paperwork for us," according to the narrative.

With the crowd's final toast of "To the Karen T. and the Theresa, to Woods Reservoir, to the sailors of old, and to the lake," it was time to christen the boats with the traditional champagne over the bow.



Boat christening of the Karen T. (U.S. Air Force photo/Holly Fowler)



Boat launch with the Todaro family. (U.S. Air Force photo/Holly Fowler)



Theresa Toth with the Theresa before christening. (U.S. Air Force photo/Emily Howell)

Being environmental stewards, the champagne was poured over the bow rather than the classic tradition of breaking the bottle as to prevent broken glass in the area.

The event concluded with a social at Arnold Lakeside Center where all present could celebrate with these ladies, the newest celebrities of Woods Reservoir.



Boat launch with the Toths and guests. (U.S. Air Force photo/Holly Fowler)

AEDC Woman's Club present scholarships

By Barbara McGuire
AEDC Woman's Club

The April 5 meeting of the AEDC Woman's Club featured the presentation of scholarships to six local high school students and then a presentation by Dr. Rhea Seddon.

Suzette McCrorey, scholarship chairperson, assisted by Karen Todaro, honorary president, presented the awards to the students from Tullahoma High School, Coffee County Central High School, Franklin County High School and Huntland High School.

Dr. Seddon presented information about her life experiences as an astronaut while showing pictures of her in space and the earth from the space shuttle. One of the shuttle engines was tested at AEDC. She expressed the importance of a good education to the group. Table donations of \$250 went to Hospice of the Highland Rim Foundation, Inc.

The next meeting for the AEDCWC is May 3 at

the Arnold Lakeside Center where the new club officers will be presented. The members will vote on the new officers and they will be inducted into office during the meeting.

At the meeting, Lloyd Smith of Tullahoma will sing songs he is known for singing at the Tullahoma Veteran's Day program. The May table donations will go toward Good Samaritan of Winchester.

The May meeting is open to the public and provides the opportunity to meet the AEDCWC members and become a member. You don't need to have military connections or be involved with Arnold Air Force Base to visit and become a member.

For information about the AEDCWC call 455-3569.

The social hour of the meeting starts at 9:30 a.m., with the business meeting and program beginning at 10 a.m.

Reservations and cancellations must be made



Pictured are scholarship recipients of the AEDC Woman's Club and AEDCWC members. Shown front row, left to right: Jade Green, Coffee County Central High School; Dr. Rhea Seddon, NASA astronaut; Alanna Morrow, Huntland High School; second row, left to right: Kate Canady, AEDCWC president; Karen Todaro, AEDCWC honorary president; Savanna Michael, Franklin County High School; Abby Panter, Tullahoma High School; third row, left to right: Sarah Utterback, Coffee County Central High School; Suzette McCrorey, scholarship chairperson; and Brechelle Corn, Tullahoma High School. (Courtesy photo)

no later than noon, April 26. Make reservations or cancellations by calling

931-393-2552 or 931-636-4152.

Disclaimer: This is

a private organization or any of its components which is not part of the Department of Defense status.

Air Force, Army build partnership for energy assurance

By Tech. Sgt. Joshua DeMotts
Secretary of the Air Force
Command Information

The military's ability to accomplish its missions – whether executing today's fight or training for future ones – is dependent on electricity that powers installations. The Army and Air Force have identified energy resilience as a

critical objective, advancing the capability for their systems, installations, and personnel to respond to and recover from unexpected disruptions.

The Air Force recently established its Office of Energy Assurance, which will develop an integrated facility energy portfolio. The Army's Energy Initiatives Task Force was established in September

2011, and became an enduring organization, the Office of Energy Initiatives, in October 2014. The OEI serves as the central management office for implementing large-scale renewable and alternative energy projects, while leveraging private sector financing.

Now, both offices will share support staff, business processes and best

practices.

The services formalized this partnership April 6 during a ceremony at the Pentagon. The memorandum of agreement, signed by Katherine Hammack, the assistant secretary of the Army for installations, energy and environment; and Miranda Ballentine, the assistant secretary of the Air Force for installations, environment, and

energy, shows the importance both services place on clean, reliable and affordable energy.

Hammack stressed this partnership was vital for the Defense Department and would continue to push the Army's energy goals.

"The Departments of the Army and the Air Force share a common commitment to securing

our installations with energy that is clean, reliable and affordable," Hammack said. "I am pleased that through this agreement, we can share lessons learned and leverage the relationships we have developed with government, industry and utilities for the benefit of both our services."

See ENERGY, page 11

ENERGY from page 10

While the establishment of the Air Force OEA cemented the Air Force's focus on energy resiliency and strategic energy agility, Ballentine said this partnership would advance that capability.

"This Army-Air Force partnership will accelerate our goal of providing mission assurance

through energy assurance," Ballentine said. "The Air Force, Army and Navy fight the fight together; we are one joint force, and our jointness is what makes us formidable around the world. Installation energy projects are another area where a joint-approach and strong collaboration can help us do more, faster."

Lt. Gen. John Cooper, the Air Force deputy chief of staff for logistics, engineering and force protection, also signed the memo and said the Air Force is a globally networked force with critical missions and operations that are reliant on access to energy to accomplish the mission.

"We execute almost all our missions from

our air bases, so building partnerships like this will ensure our resources and approaches are focused on mission assurance and resiliency," he said.

Lt. Gen. David Halverson, the Army assistant chief of staff for installation management, also signed the memo on behalf of the Army.

"This agreement is a

framework for collaboration between the Army and the Air Force on policies, procedures and partnerships that support our energy missions," Halverson said. "We are excited to work with the Air Force in this effort. This partnership will identify and expand potential renewable energy opportunities across Army and Air

Force installations." According to the memo, the partnership provides a framework for cooperation and support in the development of renewable energy projects, establishes the expectations and requirements of each service, and demonstrates both services' focus on achieving energy assurance.

2016 May

LIKE US Arnold AFB Services

Sunday Monday Tuesday Wednesday Friday

Café 100

Egg Month

10% off

any egg or omelet combo

ALC - Arnold Lakeside Center, 454-3350
Café - Café 100, A&E, 454-5885
ODR/ITT - Outdoor Recreation, 454-6084
RRRP - Recycling, 454-6068
Marketing/Sponsorship - 454-3128
Barber Shop - 454-6987

GC - Arnold Golf Course, 454-GOLF
MG - Mulligan's Grill, GC, 454-FOOD
FC - Fitness Center, 454-6440
WI - Wingo Inn, lodging, 454-3051
Resource Management - 454-7425
Admin - 454-7779

Arnold Golf Course
Spring Open
Tournament
May 14-15
8 am
\$40
Stroke Play
Prizes to Gross & Net Winners
USGA Rules apply
Sign up by May 12
454-GOLF

ALC FREE THURSDAY MOVIE 6:30PM		
<p style="font-size: 0.8em; margin: 0;">Share your Air Force Story</p> <p style="font-size: 0.8em; margin: 0;">2016 PHOTO CONTEST MY AIR FORCE LIFE IN FOCUS</p> <p style="font-size: 0.7em; margin: 0;">Prizes for Adult and Youth Categories SUBMIT YOUR PHOTOS MAY 1-30, 2016 For more information MyAirForceLife.com/Arts</p>	<p style="font-size: 0.8em; margin: 0;">4 Café 100 BBQ Month Every Wed BBQ Combo \$5.50</p>	<p style="font-size: 0.8em; margin: 0;">5 Café 100 Hamburger Month Every Thu 10% off burger combo</p> <p style="font-size: 0.7em; margin: 0;">Movie: Star Wars: The Force Awakens, PG-13</p>
<p style="font-size: 0.8em; margin: 0;">8 9 10</p>	<p style="font-size: 0.8em; margin: 0;">Fitness Center & Outdoor Recreation present</p> <p style="font-size: 1.5em; font-weight: bold; color: green; margin: 0;">Health & Wellness Expo</p> <p style="font-size: 0.8em; margin: 0;">indoor/outdoor at Fitness Center May 18 11am-1pm Open to all base employees Demos, displays, info, prizes plus free grilled chicken pita with chips & water Get card initialed while visiting booths then enter card for prizes</p>	<p style="font-size: 0.8em; margin: 0;">12</p> <p style="font-size: 0.8em; margin: 0;">Movie: Eddie the Eagle, PG-13</p>
<p style="font-size: 0.8em; margin: 0;">15 16 17</p> <p style="font-size: 0.8em; margin: 0; background-color: #d9ead3; padding: 5px;">Fitness Center Employee Health & Fitness Month Sign up during May to receive email tips on healthy living, exercise, and nutrition during work and at home Track your progress for 3 months</p>	<p style="font-size: 0.8em; margin: 0;">19 ALC Brushes & Bottles \$25 GLC 6pm Sign up by May 13 454-3350</p> <p style="font-size: 0.8em; margin: 0;">ALC Jewelry Fair Café 100 8am-1pm All jewelry \$20 or Less</p> <p style="font-size: 0.7em; margin: 0;">Movie: Hail, Caesar, PG-13</p>	<p style="font-size: 0.8em; margin: 0;">20</p>
<p style="font-size: 0.8em; margin: 0;">22 23 24</p>	<p style="font-size: 0.8em; margin: 0;">26</p> <p style="font-size: 0.7em; margin: 0;">Movie: TBD</p>	<p style="font-size: 0.8em; margin: 0;">27 ALC Last Friday Trivia 6:30pm</p>
<p style="font-size: 0.8em; margin: 0;">29 30 31</p> <p style="font-size: 0.8em; margin: 0;">Café 100 Closed</p>	<div style="background-color: #d9534f; color: white; padding: 10px; text-align: center;"> <h2 style="margin: 0;">ROCK-IT RUN</h2> <h3 style="margin: 0;">10K 5K & KIDS RUN</h3> <p style="margin: 0; font-weight: bold;">REGISTER ONLINE #rockitrun</p> <p style="margin: 0; font-size: 1.2em;">"Arnold AFB Services"</p> <p style="margin: 0; font-weight: bold;">Arnold AFB Golf Course</p> <p style="margin: 0; font-weight: bold;">LIVE MUSIC - GAMES</p> <p style="margin: 0; font-weight: bold;">FOOD - BEVERAGES</p> <p style="margin: 0; font-size: 0.8em;">OPEN TO PUBLIC</p> </div> <div style="background-color: #000080; color: white; padding: 10px; text-align: center; margin-top: 5px;"> <p style="font-size: 2em; font-weight: bold; margin: 0;">MAY 21</p> <p style="font-size: 1.2em; margin: 0;">12 PM KIDS 2 PM 10K 5K</p> <p style="font-size: 1.5em; font-weight: bold; margin: 0;">UTOPIA 2-6 PM</p> </div>	

Rock-It Run Schedule of Events

11:30am Event begins - activities/games, food, beverages
America's Kids Run registration/check-in opens

Noon Kids Run begins

12:30pm 5K and 10K registration/check-in opens

1-1:20pm Kids Run ends with awards/photos

1:30pm Final check-in call for 5K and 10K

2pm 5K and 10K begin
Utopia band starts

3:30pm Awards and photos for 5K and 10K

6pm Event ends

